



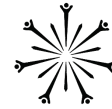
Rotaract Club of Bangalore JP Nagar

Sponsored by:
Rotary Bangalore JP Nagar

Rtr. Karthik U Chikmath
President | 2021-22

Rtr. Geethanjali A R
Secretary | 2021-22

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



July 2021

1. ORIENTATION

- **Date-** 17th June 2021
- **Location** - Online
- **Type of Project** - Stand-Alone
- **Avenue** - Club Service
- **No. of Attendees** - 13

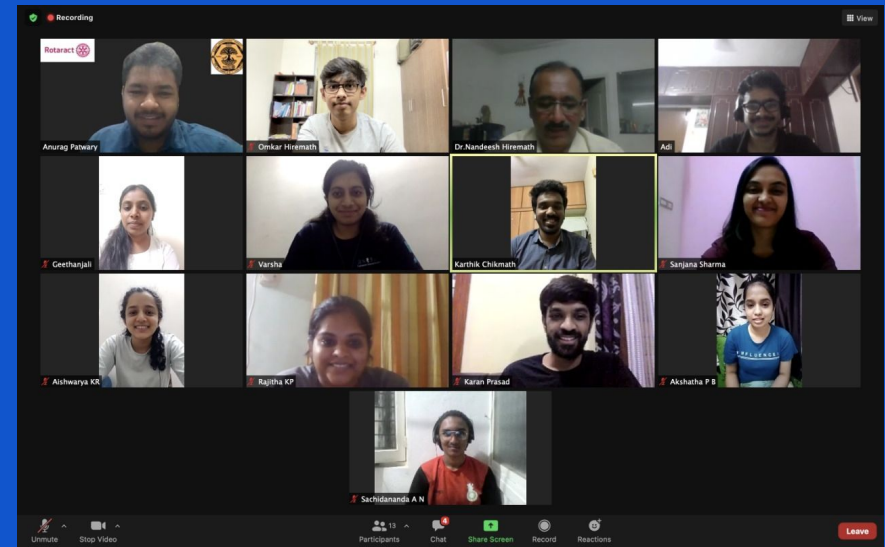
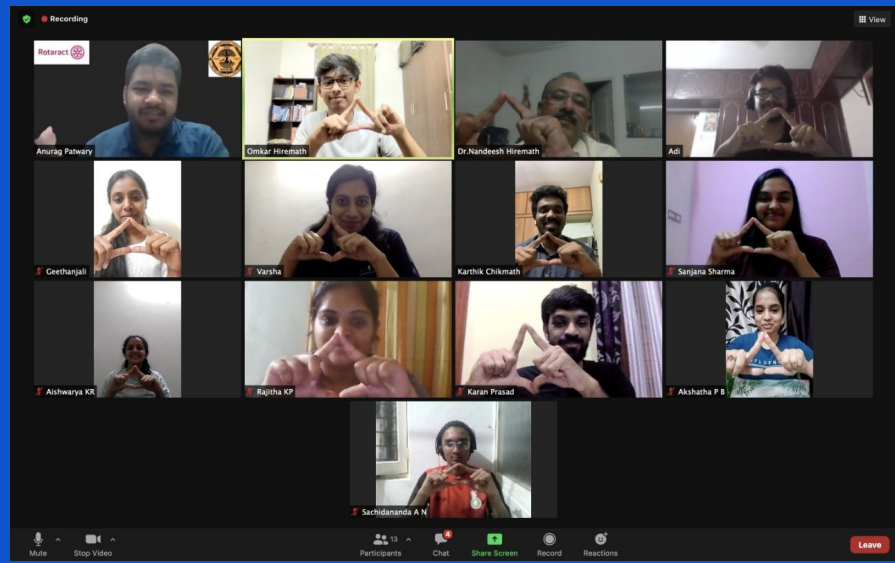
Project Summary - Orientation by DRR Anurag Patwary

Project Description -

Our club, which has chartered this year was formed by 6-7 annets of Rotary J.P.Nagar and friends of annets.

Most of our club members were new to the world of Rotaract and we couldn't get anyone better than our **DRR** to explain us and share his experience about Rotaract.

We had an ice breaker session which helped all our members to get to know each other well and followed up with an interactive session by Anurag. Assuring session to begin our journey on a positive note.



2. Club Installation

- **Date-** 3rd July 2021
- **Location** - Online
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Bangalore JP Nagar
- **Avenue** - Club service
- **No. of Attendees** - 30
- **Project Funding** -
 1. **Funding Source** - Rotary Club of Bangalore JP Nagar
- **Board presentation video link** -
https://drive.google.com/file/d/1CDK5uc4-vVgfGh23JKOmBaJV1lLysa_b/view?usp=sharing

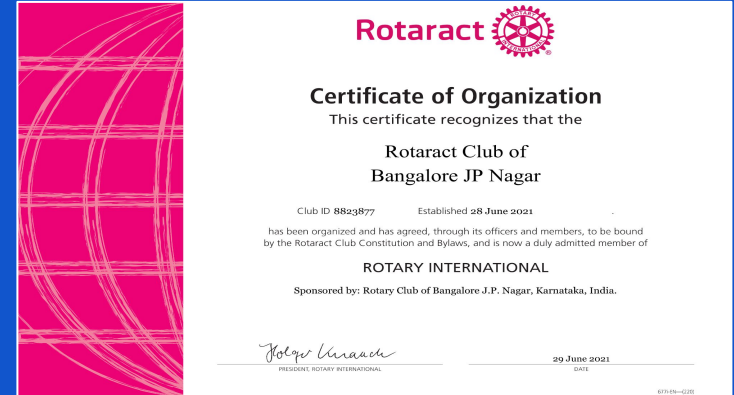
Project Summary - Installation along with Parent club by DG.Fazal Mahamood & DRR Anurag Patwary

Project Description -

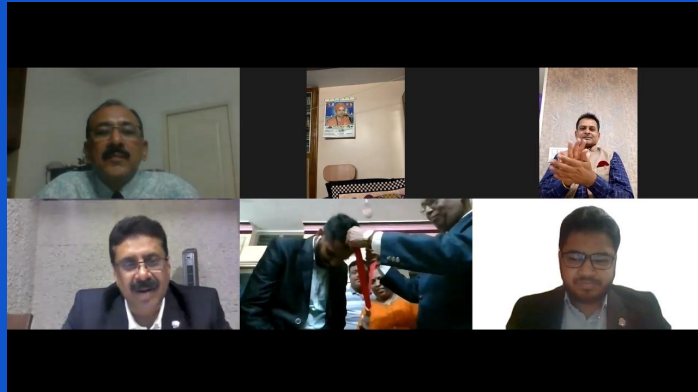
Our club installation took place along with our parent club installation. It was graced by **D.G. Fazal Mahamood** and **DRR Anurag Patwary** along with other district officials from Rotary and Rotaract 3190.

We were grateful to be presented our charter certificate by Fazal sir.
We presented our team, Board members and our plan of action for the Rotaract year 2021-2022.

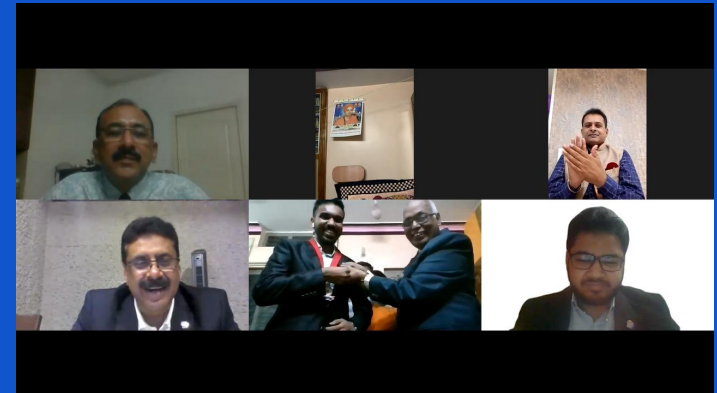
The ceremony ended with our DG & DRR guiding us and wishing us good luck on this new journey!



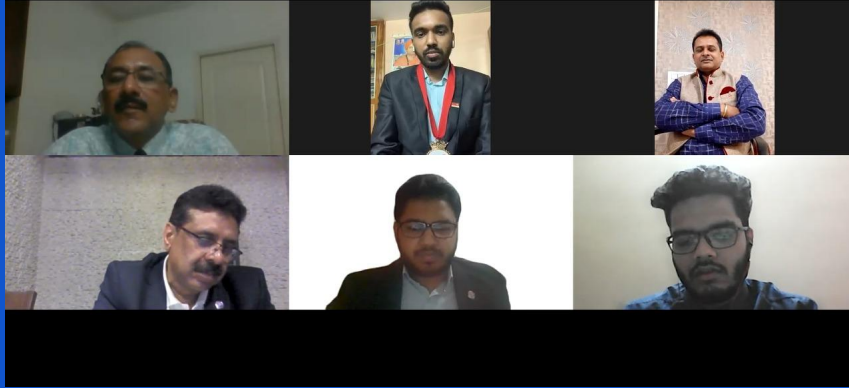
Charter Certificate



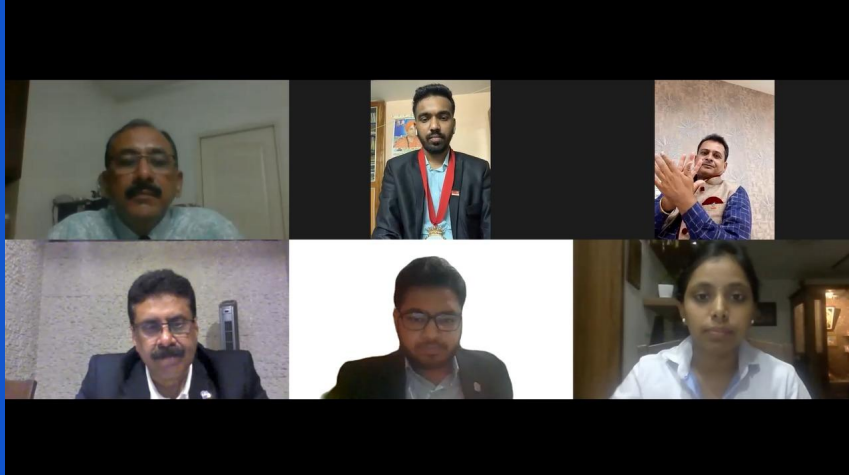
Collaring of Rtr. Karthik Chikmath



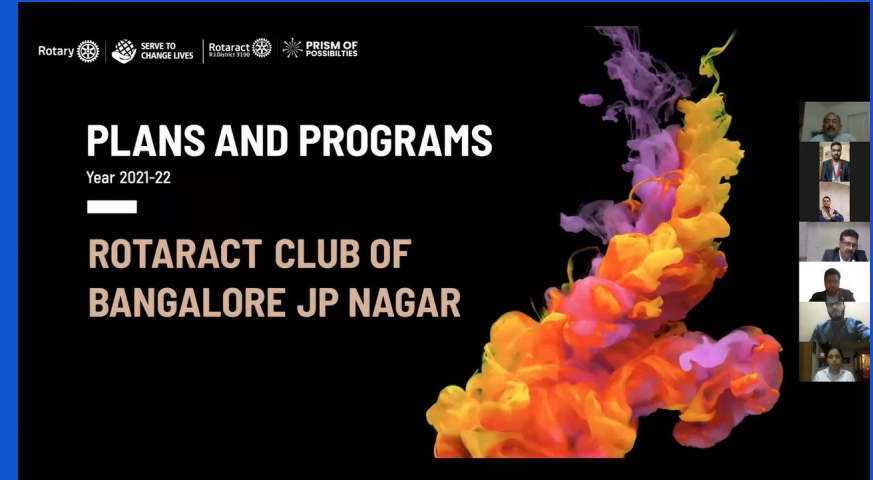
Induction of Rtr. Karthik Chikmath as the president



Acceptance speech by President



Club plans presentation by Secretary Rtr. Geethanjali AR



3. First Physical Meet

- **Date-** 17th July, 2021
- **Location** - RV Dental College
- **Type of Project** - Stand-Alone
- **Avenue** - Club Service
- **No. of Attendees** - 36
- **Project Funding** -
 1. **Funding Source** - Club Funds
 2. **Funds Spent** - Rs 3000/-

Project Summary - First Physical General Body Meet / Celebration of Mentor's Bday

Project Description -

Most of us met each other for the first time over high-tea. We got to introduce ourselves to fellow Rotaractors.

The occasion was graced by the presence of the President, Secretary, Director of Youth Service and Senior Rotarians from Rotary Bangalore JP Nagar, our parent club.

The Rotarians were kind enough to hand over the badges / pins for all the Rotaractors, and shared their experiences, thoughts and expectations from us. They laid the perfect platform for the Rota year to take off!

We also got to celebrate the birthday of our Club Mentor - Rtn. Nandeesh Hiremath.



Board members
(2021-2022)

Speech by President Rtn.Kumaraswamy



Birthday celebration of our mentor

4. Zumba With Sanjana

- **Date** - 12th July, 2021
- **Location** - Online
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Club Of Bangalore JP Nagar
- **Avenue** - Club Service
- **Area of Focus** - Fitness
- **No. of Attendees** - 22

Project Summary - Zumba fitness dance with Rtr.Sanjana Sharma.

Project Description -

Zumba with Sanjana was a Joint project with Rotary club of Bangalore JP Nagar.

Sanjana Sharma is a trained instructor from Zumba Education Bangalore. She is a fellow Rotaractor and Club Service Director from JP Nagar club. It was an energetic, fun and interactive evening and we also burnt of bunch of calories. We were glad to be introduced to the world of Zumba.

The event was followed up with some fellowship games which all the rotaractors enjoyed.





Zumba

with
Sanjana

Speaker **Ms. SANJANA SHARMA**

**Rotary Bangalore
JP Nagar** jointly with **“Rotaract
Club of Bangalore, J P Nagar”**
Cordially invites you to join **3rd Virtual
Weekly Meeting**

JOIN US WITH YOUR FAMILY!

 **FRIDAY 23rd July 2021** | **7:00pm**

 **Meeting ID: 857 9856 1924** | **Passcode: rotary21**

Your's in Rotary Service

Rtn. H R Kumaraswamy
President - 2021-22

Rtn. Suresh Robert
Secretary - 2021-22

Rtn. Rajesh Sheethakal
Director - Club Services -2021-22

www.rotaryjpnagar.org

5. Hepatitis Can't Wait

- **Date** - 28th July, 2021
- **Location** - Online
- **Type of Project** - Joint Project
- **Partner Club** - Rotaract Club Of Bangalore, Rotaract Club Of Bangalore Rajmahal vilas, Rotaract Club Of Banashankari, Rotaract Club Of Bangalore SouthWest
- **Avenue** - Professional Development
- **Area of Focus** - Fighting Disease
- **No. of Attendees** - 19

Project Summary - Hepatitis Can't Wait By Dr. Adarsh C K

Project Description -

Rotaract Club of Bangalore along with partnering clubs Rotaract Bangalore JP Nagar, Rotaract Banashankari, Rotaract Club of Bangalore Raj Mahal Villas, RC Bangalore South west had organised a webinar on hepatitis on the occasion of **"World Hepatitis Day"**.

As Rotaractors, we got awareness about hepatitis, its types and causes of it.

The myths of fatty liver was communicated very well by Dr. Adarsh C K, MD, DNB(Gastro).

Dr. Adarsh also emphasised on Healthy Lifestyle and its importance for the Young Generation.

Recording



Hepatitis can't wait

*Dr. Adarsh C.K, MD, DNB (Gastro)
Chief Consultant Gastroenterologist, Hepatologist
BMS hospital and BGS Gleneagles Global Hospitals,
Bangalore*



Rtr. Geethanjali...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...

Recording

Hepatitis does not spread by



Sneezing



Coughing



Food & Water



Playing with Kids



Hugging



Hand shake



Zoom Meeting



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



Rtr. Rajeshwari T...



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Rtr. Rajeshwari T...



Rtr. Rajeshwari T...

Rotaract Club of Bangalore

Thanks for partnering with RCB !!!

Project : "Hepatitis cant wait" - 28th July

Rotaract BANGALORE JP NAGAR

Rotaract Banashankari United to Conquer..it

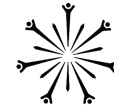
Rotaract Club of Bangalore Rajmahal Vihar

We honor and value your support

PARTICIPATORY PROJECTS | July 2021

Sl. No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed /spent
1	Zonal Meet	ZRR's Of Zone Blue	7th July	4	-
2	Leading From Heart	Rotary Club Of Bangalore JP Nagar	9th July	18	-
3	Reelathon	Rotaract Club Of KLE Pharma	12th July	1	-
4	Creative Visualization	Rotary Club Of Bangalore JP Nagar	16th July	4	-
5	Charter Day Celebration Of RAC Banashankari	Rotaract Banashankari	22nd July	1	-

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



August 2021

1. Cheer for India Zone Blue Campaign

- **Date** - July 30th - Aug 8th
- **Location** - On our instagram Handle
- **Type of Project** - Joint Project
- **Partner Club** - Rotaract Club of Yelahanka, Rotaract Club of Uttarahalli, Rotaract of MCC, Rotaract Club of Harmony, Rotaract Club of IBSB, Rotaract Club of Marathahalli, Rotaract Club of Gokul Vaidya, Rotaract Club of BMS Yelahanka.
- **Avenue** - Bulletin and PR
- **Instagram Handle** -
https://instagram.com/rotaract_jpnagar?utm_medium=copy_link
- **Shoutout video link** -
https://www.instagram.com/tv/CSZb-1VjfT1/?utm_medium=copy_link

Project Summary - Cheer For India Zone Blue Campaign

Project Description -

We were super proud of all our athletes representing our country in the **Tokyo 2020 Olympics** and all we could do from our end was to cheer them and give them the required recognition.

Few clubs of **Zone Blue Empire** decided to make posters and update the events and achievements of our athletes on their respective instagram handles. We also combined a video of few district officials and all the partnering club members giving a shoutout which can be viewed on our page.

This also helped in getting to know about the members of all partnering clubs.



2. Breakfast Meet with Dist. Officials

- **Date-** 8th August 2021
- **Location** - Offline , Airlines Hotel
- **Type of Project** - Stand Alone
- **Avenue** - Club service
- **No. of Attendees** - 13

Project Summary - Breakfast Meet with Dist. Officials.

Project Description -

We had organised a breakfast meet with District officials at Airlines Hotel with our BOD and club members. The idea was to bond our members with the district.

The occasion was graced by :

- > District Secretary - Rtr. Atharva Deshmukh.
- > Zone Blue ZRRs - Rtr. Anirudh and Rtr. Preetham.
- > Zone Orange ZRR - Rtr. Kiran.

We got to learn a lot about the relationship between a club and the district, and how we could collaborate and leverage the Clubs in our Zone for different projects.



3. Board Meeting

- **Date-** 14th August, 2021
- **Location** - Online
- **Type of Project** - Stand-Alone
- **Avenue** - Club Service
- **No. of Attendees** - 14

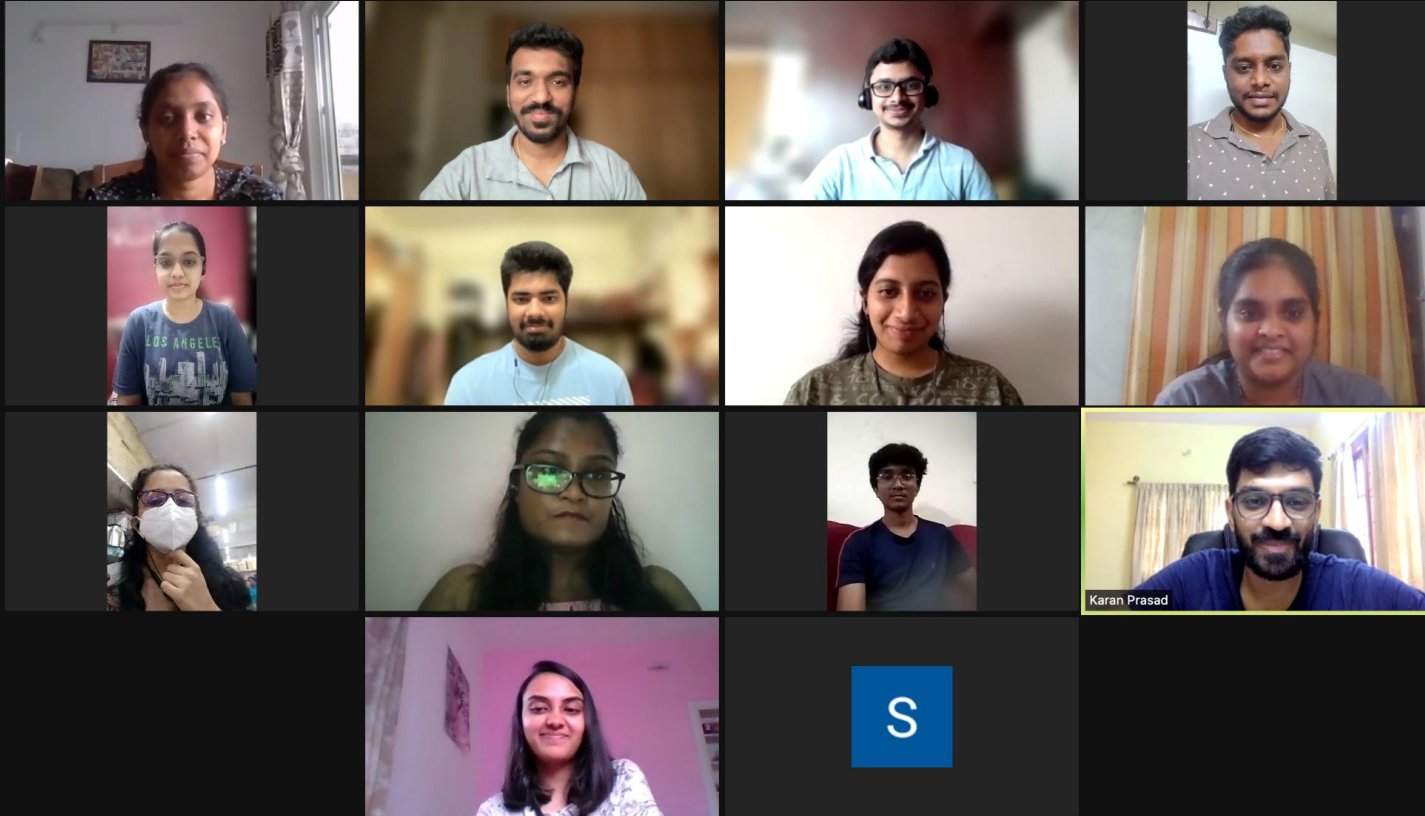
Project Summary - Board Meeting

Project Description -

Our Club President had organised for a Board meeting to collect the Feedback from all the Board of directors about their rotaract journey so far.

Plans, roadmaps, areas of focus for our monthly activities were discussed.

Announcements on Club and District Events were made.



4. Independence Day Celebration

- **Date** - 15th August, 2021
- **Location** - Offline
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Club Of Bangalore JP Nagar
- **Avenue** - Club Service
- **Area of focus** - Promoting Peace
- **No. of Attendees** - 12

Project Summary - Independence Day Celebration

Project Description -

Independence day was celebrated along with our Parent Club, Rotary Bangalore JP Nagar.

We visited our parent clubs vocational training centre for the flag hoisting ceremony which is located in Kothanur Dinne. The event was graced by the mayor of that locality and a retired army Personnel Mr. Krishna. They educated us on being a responsible citizen and how to contribute in a developing Nation. This was followed up by distribution of sweets to kids in the locality.

We also had a flag hoisting event in Rotary Bangalore JP Nagar's Lalithamma Hospital at Agara.



5. World Photography Day -Contest

- **Date** - 19th August, 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Club Service
- **No. of Attendees** - 22

Project Summary - World Photography Day - Contest

Project Description -

We conducted a in-house photography contest for World Photography Day 2021.

Our fellow Rotaractors from JP Nagar club sent in their best clicked pictures. We got 22 amazing pictures which was judged by a very passionate photographer, Parimala VS.

She selected **TOP 10** pictures and **2 Winners** among them.

The remaining **8 pictures from Top 10** went for voting choosing the-

→ Popular Choice Rotary Award (Voted by Parent Rotary)

→ Popular Choice Rotaract Award (Voted by our club members and our ZRR's)

All 4 winning pictures will make it to our **Club Bulletin**.



Rotaract
BANGALORE JP NAGAR



Rotaract
District 3190



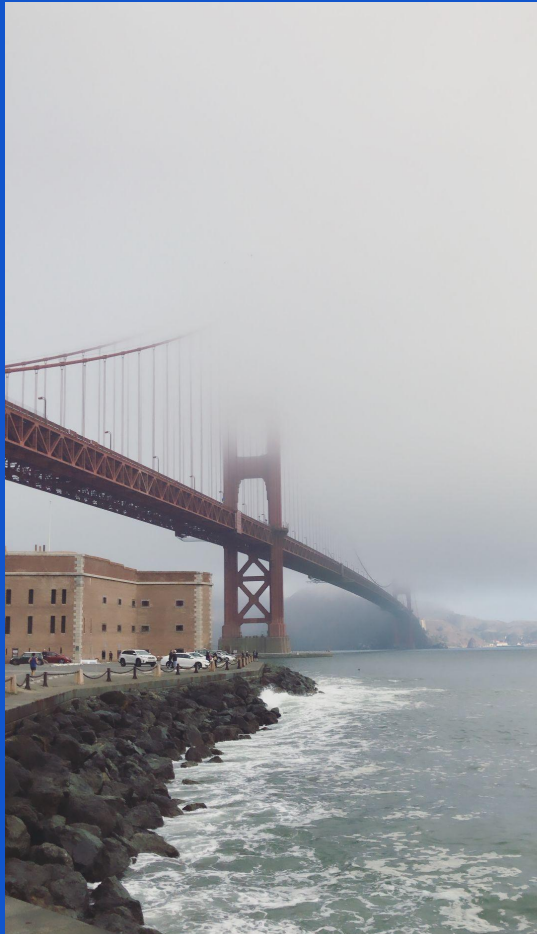
**PRISM OF
POSSIBILITIES**

WORLD PHOTOGRAPHY DAY



Great photography
is about depth of
feeling, not depth
of field

- PETER ADAMS



1st Prize - Rtr. Srinivas Iyengar



2nd Prize - Rtr. Aishwarya KR



Popular choice, Rotaract - Rtr. Adishesha Sairam

Popular choice, Rotary - Rtr. Sanjana Sharma



6. Joint Family Meet

- **Date** - 27th August, 2021
- **Location** - Offline
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Club of Bangalore JP Nagar
- **Avenue** - Club Service
- **No. of Attendees** - 11
- **We had also organised a small fundraiser event- a fun filled Housie Game**
- **Funds Raised** - 710 /-

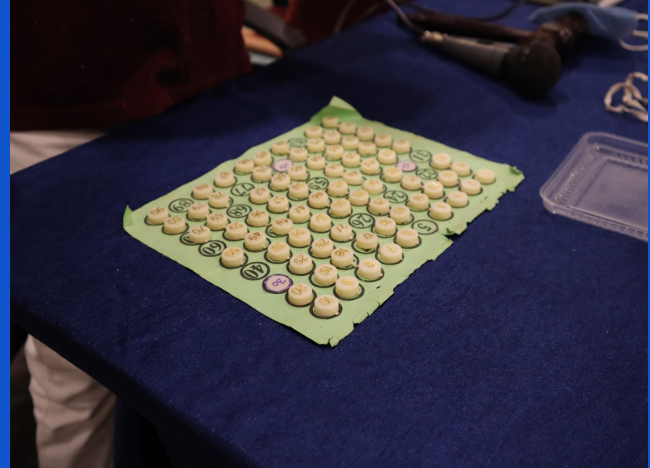
Project Summary - Joint Family Meet with Parent Club

Project Description -

A fun joint family meet was organised with our Parent Club - Rotary Club of Bangalore JP Nagar in RV Dental College Auditorium.

Club announcements were made by both Rotary and Rotaract Club of JP Nagar.
Winners of the Photography contest were announced.

A small fundraiser / fun event, through a game of Housie / Tambola was organised by Rotaractors for the parent Club. The proceeds from the fundraiser will be used for our upcoming projects.



PARTICIPATORY PROJECTS | August 2021

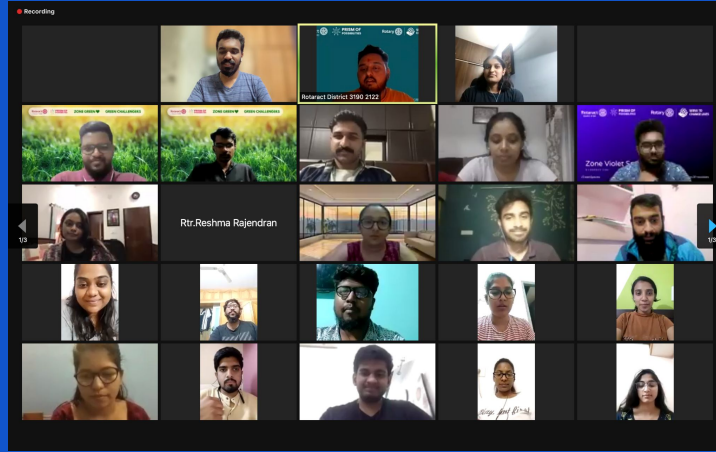
Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed/ Spent
1	Reporting Guidelines Demonstration	Rotaract District 3190	5th Aug	4	-
2	GajaDwani- International Elephants Day	Rotaract Club Basaveshwaranagar	7th Aug	2	-
3	Zonal Meet - Cubbon Park	Rotaract Club Of Midtown, Yelahanka, MCC, Uttarahalli	8th Aug	15	-
4	Short Essay Writing Competition for Rotaractors	Rotary District 3190 - Cultural Committee	9th Aug	2	-
5	A Hidden Moment- Photography Competition	Rotaract Club Of Koramangala	21st Aug	3	-
6	Installation Of Rotaract Club Banashankari	RAC Banashankari	22nd Aug	3	-
7	COTS	Rotaract District 3190	29th Aug	14	-



At COTS

Installation of RAC Banashankari

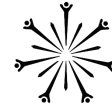




IMAGES FROM ZONAL MEET AT CUBBON PARK



Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



September 2021

1. Collared Board Meeting

- **Date** - 4th September 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Club Service
- **No. of Attendees** - 17

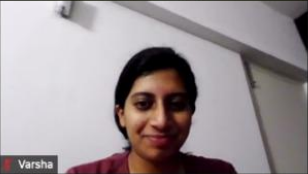
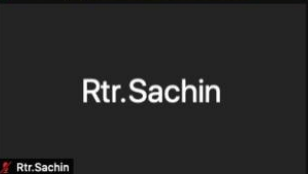
Project Summary - Collared Board Meeting

Project Description -

Collared Board Meeting was organised by Club President to get the feedback And Learnings from - COTS training from the Board of Directors, Major discussion was held on the upcoming projects and segregation of members for the smooth functioning of the club was made.

Club Announcements and district projects were made.

01:37:45 View

 Srinivas Iyengar	 Karan Prasad	 Karthik Chikmath	 Sanjana Sharma
 Aishwarya KR	 Varsha	 Rtr. Geethanjal A R	 Adishesha Sairam
 Rtr. Akshatha	 Rtr. Sachin	 Rtr. Akshay raj	 Loveena
 Rtr. Rajitha KP	 Meghana KS	 Rtr. Sachin	 Rtr. Amruthavarshini

Mute Stop Video Participants 16 Chat Share Screen Record Reactions Apps Leave

Collared Board Meeting

2. Gaming Night

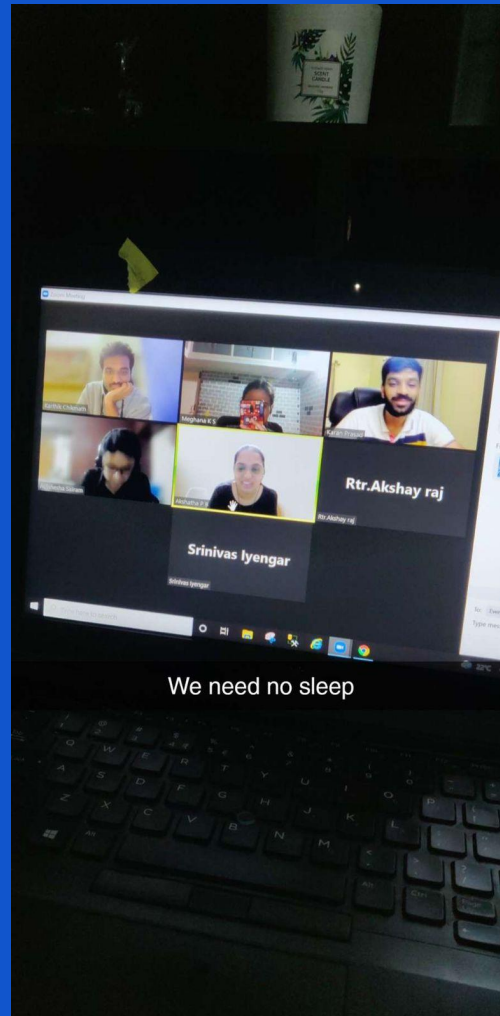
- **Date** - 4th & 5th September, 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Club Service
- **No. of Attendees** - 10

Project Summary - Fellowship with Gaming

Project Description -

We had organised a virtual gaming night to increase the bonding between our club Members.

We played Codenames and Scribbl.io for about 2 hours. Members who participated had a lot of fun and it helped us to know each other better.



We need no sleep

3. Go With The Flow

- **Date** - 8th September, 2021
- **Location** - Offline
- **Type of Project** - Joint Project
- **Partner Club** - Rotaract Club of Ambarnath
- **Avenue** - International Service & Youth Service
- **No. of Attendees** - 10
- **Project Funding:**
Funds Raised- 4700/- (Crowdfunding)
Funds Spent -3300/-
- **Our Reels Cam** -
https://www.instagram.com/reel/CTuwohvhd7r/?utm_medium=copy_link

Project Summary - A menstrual health awareness programme.

Project Description -

We, the Rotaract club of Bangalore JP Nagar in association with **Rotaract club of Ambarnath(RI Dist.3142)** were all pumped up for the first Youth Service Project which took place in **Sarakki Government School**. The occasion was graced by our beloved DRR Rtr. Anurag Patwary. Our Youth Service Director started the session by educating the girls of 13-14 age group on menstrual health and hygiene. We discussed how it is still a taboo topic in their homes. We learnt from their teacher that they miss school every month for 5-7 days and over 30 days the first time they start menstruation. We distributed handouts which covered all the important questions and answers for them to refer later in both Kannada and English.

We empowered **153 girls by distributing 1530 sanitary pads.**

At the end, we were happy to see that those girls did not shy away to take them nor did they find the need to hide those pads. Educate. Empower. Let's say it together- **Go with the flow-PERIOD!**





Handouts given to Girls of Sarakki School

MENSTRUAL HEALTH

What is menstruation?

- An indication that a girl is approaching maturity.
- The shedding of tissue and blood from the lining of the womb through a woman's vagina.
- Menstruation is a normal & natural part of biological maturity.
- The blood and tissue that comes from the uterus when fertilization does not occur.
- The monthly self-cleaning action of a healthy uterus.

Menstruation is NOT:

- An illness or a curse
- Shameful
- A reason to keep girls and women from school, household activities, or work

Why using cloth during periods is not a good option?

- Urinary tract infections & fungal infection- if the cloth is not washed & dried completely with hygiene
- Difficulty in changing them in schools & could cause leakage



Common symptoms that occur before or at the onset of menstruation:

- General weakness of the body; body feels heavy.
- Dizziness, nausea, cramps/painful abdominal pain.
- Headache, enlarged and painful breasts, fever.
- Backache, irritability, depression, tiredness, pimples.

Menstrual hygiene is important because it:

- Prevents infection and body odor.
- Enables women to remain healthy, feel comfortable, confident and stay fresh all day.

PAD DISPOSAL



Wrap the pad & throw it in the dustbin.



Do not flush



Some questions you might have

Q: Is it risky or dangerous to engage in sports and games during menstruation?

A: No, but if you feel tired or weak and feel the need to rest then rest is advised.

Q: Are girls unclean and impure during periods?

A: There is no impurity in the blood associated with menstruation. Cleanliness and hygiene are important to the menstrual flow, to keep away any odor or infection

Q: At what age does a girl start menstruating?

A: Most girls get their first period when they're between 10 and 15 years old. The average age is 12, but every girl's body has its own schedule.

Q: What kinds of foods should be consumed during periods?

A: Eat everyday foods such as vegetables, roti, rice, pulses and lots of fibre and drink plenty of water.

Q: How often do girls get their periods & how long do they last for?

A: Some women menstruate every 28 days, while others have longer cycles (35 days) or shorter cycles (21 days). Periods usually last from 2-7 days, with five days being the average length of menstrual flow

Q: What can I do when my periods are irregular or have problems related to menstrual health?

A: Talk to an adult and meet a gynaecologist.

ಮುಟ್ಟಿನ ಆರೋಗ್ಯ

❖ ಮುಟ್ಟು ಎಂದರೇನು ?

- ಒಂದು ಹುಡುಗಿ ಪ್ರಬುದ್ಧತೆಯನ್ನು ಸಮೀಪಿಸುತ್ತಿರುವ ಸೂಚನೆ.
- ಮಹಿಳೆಯ ದೊಡ್ಡದೆಯ ಮೂಲಕ ಗರ್ಭಾಶಯದ ಒಳಪದರದಿಂದ ಅಂಗಾಂಶ ಮತ್ತು ರಕ್ತ ಚೆಲ್ಲುವುದು.
- ರಕ್ತ, ಸ್ರಾವವು ಪೈವಿಕ ಪ್ರಬುದ್ಧತೆಯ ಸಹಾಯವನ್ನು ಮತ್ತು ನೈರೋಗಿಕ ಭಾಗವಾಗಿದೆ.
- ಆರೋಗ್ಯಕರ ಗರ್ಭಾಶಯದ ಮಾನಸಿಕ ಸ್ವರೂಪ-ಹುಡುಗಿಗಳಿಗಿರುವ ಸ್ವರೂಪ.

❖ ಮುಟ್ಟು ಒಂದು :

- ಅನಾರೋಗ್ಯ ಅಥವಾ ಶಾಪವಲ್ಲ
- ನಾಟಕೀಕರಿಸುವುದು.
- ಹುಡುಗಿಯರು ಮತ್ತು ಮಹಿಳೆಯರನ್ನು ಶಾಂತ, ಮನೆಯ ಚಟುವಟಿಕೆಗಳು ಅಥವಾ ಕೆಲಸದಿಂದ ದೂರವಿರಿಸಲು ಒಂದು ಕಾರಣ ಅಲ್ಲ.

❖ ಮುಟ್ಟಿನ ಸಮಯದಲ್ಲಿ ಬಟ್ಟೆಯನ್ನು ಏಕೆ ಬಳಸಬಾರದು :

- ಮೂತ್ರದ ಸೋಂಕುಗಳು ಮತ್ತು ಶಿಶಿರಾಂಧ್ರಗಳ ಸೋಂಕು -
ಬಟ್ಟೆಯನ್ನು ಸ್ವರ್ವಲೂಪದ ತೊಳೆಯ ಸಂಪೂರ್ಣವಾಗಿ ಒಣಗಿಸದಿದ್ದರೆ, ಶಾಂತಿಗಳಲ್ಲಿ ಅವುಗಳನ್ನು ಬದಲಾಯಿಸುವಲ್ಲಿ ತೊಂದರೆ ಮತ್ತು ಸೋರಿಕೆಗೆ ಕಾರಣವಾಗಬಹುದು.

❖ ಮುಟ್ಟಿನ ಮುಂಚೆ ಅಥವಾ ಪ್ರಾರಂಭವಾಗುವ ಸಾಮಾನ್ಯ ಲಕ್ಷಣಗಳು :

- ದೇಹದ ಸಾಮಾನ್ಯ ದೈರ್ಬಲ್ಯ : ದೇಹವು ಭಾರವಾದಂತೆ ಭಾಸವಾಗುತ್ತದೆ.
- ತಲೆತುರುಗುವಿಕೆ, ವಾಂತಿಕೆ, ಸೆಳೆತುಕೆಳ ಹೊಟ್ಟೆ ನೋವು.
- ತಲೆನೋವು, ವಿಶ್ರಾಂತಿ ಮತ್ತು ನೋವಿನ ಸ್ವರೂಪ ಬದಲಾಗುತ್ತದೆ.
- ಬೆನ್ನು ನೋವು, ಕಿರಿಕಿರಿ, ಬಿನ್ನತೆ, ಸುಸ್ತು, ಮೊಡವೆಗಳು.

❖ ಮುಟ್ಟಿನ ನೈರೋಗ್ಯವು ಮುಖ್ಯವಾಗಿದೆ, ಏಕೆಂದರೆ ಇದು:

- ಸೋಂಕು ಮತ್ತು ದೇಹದ ವಾಸನೆಯನ್ನು ತಡೆಯುತ್ತದೆ.
- ಮಹಿಳೆಯರು ಆರೋಗ್ಯವಾಗಿರಲು, ಹಾಯಾಗರಿರಲು, ಆತ್ಮೀಕತೆಯಿಂದ ಮತ್ತು ದಿನವಿಡೀ ತಾಣತನದಲ್ಲಿರಲು ಅನುವು ಮಾಡಿಕೊಡುತ್ತದೆ.



CERTIFICATE OF COLLABORATION

This is to certify that

**ROTARACT CLUB OF BANGALORE JP NAGAR
RID 3190**

has successfully collaborated in Charity of Goodness
3.0 held between 5th September to 11th September
2021 Initiated by Rotaract Club of Ambarnath RID
3142.

Vishal

RTR.VISHAL RATHOD
PRESIDENT

Apeksha

RTR. APEKSHA D P
SECRETARY

4. Canopy Of Hope

- **Date** - 12th-14th September, 2021
- **Location** - Offline
- **Type of Project** - Stand Alone, District initiative.
- **Area of Focus** - Saving mother and children
- **Avenue** - Community Service
- **No. of Attendees** - 10
- **Funds Spent**- 903/-
- **Our Reels Cam** -
https://www.instagram.com/reel/CUAebMagD2K/?utm_medium=copy_link

Project Summary - Canopy Distribution To Babies Of Construction Workers.

Project Description - A wonderful initiative by the Rotaract District 3190 where we find construction workers who work with their little ones at site and distribute canopies to create a safe environment and also for them to sleep peacefully.

Under the leadership and management of Community Service Director, we found **5 babies** who were the beneficiaries of these canopies. The families were extremely delighted to receive them and were grateful to us.

Seeing them smile made us smile. Project ended with a content heart, serving the true purpose of Rotaract. Let us make our community smile more often.





5. General Body Meeting

- **Date** - 19th September, 2021
- **Location** - Offline
- **Type of Project** - Stand Alone
- **Venue**- Lalbagh
- **Avenue** - Club Service
- **No. of Attendees** - 19
- **Our Reels Cam** -

[https://www.instagram.com/reel/CUP VWWAI1q/?utm_medium=copy link](https://www.instagram.com/reel/CUP VWWAI1q/?utm_medium=copy_link)

Project Summary - General Body Meeting

Project Description -

We started with fellowship game for the first 1 hour and then the collared general body meeting was called to order by our President.

Club updates were shared with all the members and project updates were shared by the respective avenue directors. Avenue Directors also introduced their teams. Special Recognitions were mentioned and honoured by our ZRR Rtr.Anirudh Kulkarni.

Our CLub logo was launched by ZRR Anirudh. The Meeting was adjourned. We all had Breakfast at a nearby outlet and then dispersed.



6. LOGO Launch

- **Date** - 26th September, 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Public Relation.
- **Link**-[https://www.instagram.com/reel/CUSo0d2gGfP/?utm_medium=copy link](https://www.instagram.com/reel/CUSo0d2gGfP/?utm_medium=copy_link)

Project Summary - Logo Launch of Rotaract JP Nagar.

Project Description -

We as Club Launched our Club Logo. Our bulletin Team and PR team has made an amazing work in designing our LOGO. We launched our logo on our Instagram Page And was shared to our Zone & District Team.

Ideology Behind the Logo: We as Rotaract Club of Bangalore JP Nagar will try to uplift the community in all the ways possible. It also represents **J.P.** Which is JP nagar.



Bangalore JP Nagar
Rotaract
Club



7. World Tourism Day- Guess the Spot

- **Date** - 27th September, 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Club Service, Special events.
- **No. of Attendees** - 8

Project Summary - World Tourism Day - Guess the Spot

Project Description -

On occasion of World Tourism Day-Tourism for inclusive Growth, Special events had organised a **Guess the spot** competition for Club Members with 9 different tourist spot. The tourist spots were all heritage places from Karnataka.

To those with the correct guess was rewarded as the winners and those names would be on our quarterly Bulletin.

Bangalore
Rotaract
Club of JP Nagar

Rotaract
District 3190

PRISM OF POSSIBILITIES



HAPPY WORLD TOURISM day
27th Sept 2021

Its better to
see
something once
than to hear about
it a hundred times

ARE YOU READY TO EXPLORE?

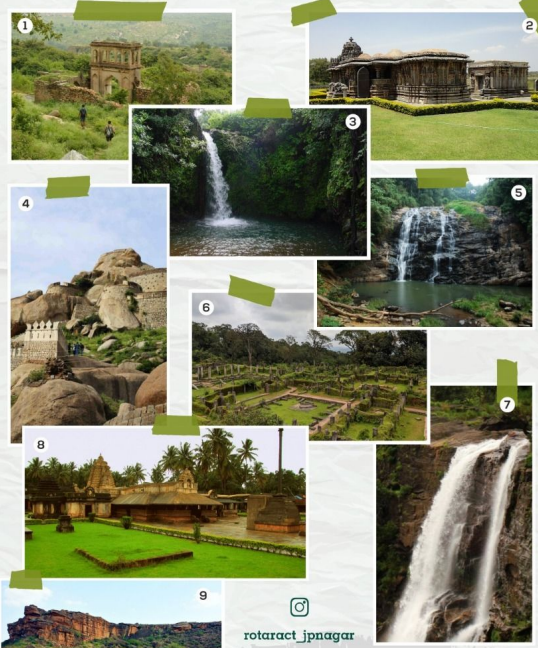
Theme - Tourism for inclusive growth.
Activity - Guess the tourist spot?
Top 3 winners will be announced on the below criteria
1. Right answers
2. Quick response

 rotaract_jpnagar

Bangalore
Rotaract
Club of JP Nagar

Rotaract
District 3190

PRISM OF POSSIBILITIES



1. A small stone temple structure in a lush green field.
2. A large, ornate stone temple complex with multiple shrines.
3. A waterfall cascading over a rocky cliff.
4. A large, ancient stone structure, possibly a fort or palace, built on a hill.
5. A waterfall cascading over a rocky cliff.
6. A large, ancient stone structure, possibly a fort or palace, built on a hill.
7. A waterfall cascading over a rocky cliff.
8. A large, ornate stone temple complex with multiple shrines.
9. A large, ancient stone structure, possibly a fort or palace, built on a hill.

 rotaract_jpnagar

**Still waiting?
start exploring.. gooo...**

8. A Budding Journey

- **Date** - 29th & 30th September, 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Area of Focus** - Promoting local Business.
- **Avenue** - Social media

Project Summary - A shout-out to small business through social media

Project Description - As part of Growing local Economies, we as a club have taken this opportunity to promote the budding entrepreneurs. It's not only important for us support them but also speak about their work in our social group as part of a small promotion with huge impact on their work. Let's not forget that the famous branded companies today were also once a small business.

If all the hard work, dedication and determination to make one's dream close to being successful takes only few minutes of our time, then why not give them a shout out?
One step at a time.

Identify. Support. Promote.

We, the Rotaract club of Bangalore JP Nagar identified 3 such small businesses and their dynamic owners who chased their dreams in spite of all odds of life.

We decided to make them smile this month. Check out!



September 29 1:05 PM A BUDDING JOURNEY!

Most of us have dreamt of starting a business of our own at some point in life. But how many were really courageous and bold enough to invest our time and money? Even as kids we have come up with so many ideas and imagined to be the boss of our own and somewhere most of those dreams faded away.

We as a club have taken this opportunity to promote these budding entrepreneurs. It's not only important for us support them but also speak about their work in our social group as part of a small promotion with huge impact on their work. Let's not forget that the famous branded companies today were also once a small business.

If all the hardwork, dedication and determination to make one's dream close to being successful takes only few minutes of our time, then why not give them a shout out?

One step at a time.
Identify. Support. Promote.

We, the Rotaract club of Bangalore JP Nagar have identified 3 such small businesses and their dynamic owners who chased their dreams inspite of all odds of life.

So stay tuned !



September 29 3:54 PM

Pre Performance Training Workshop

Featuring Skanda Ghate . Bharath Dingri & Sumanth S.M.

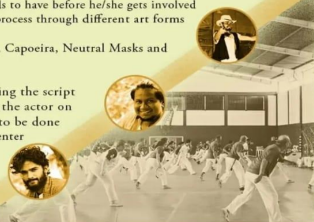
25th Sep - 23rd Oct

4:30 p.m - 9:00 p.m

What's included in this workshop -

"Actor training" i.e, the training or understanding an actor needs to have before he/she gets involved in a theatre process through different art forms such as -
Yoga, Music, Capoeira, Neutral Masks and Clowning.

Understanding the script
& prepping the actor on
what needs to be done
before they enter
the stage.



KV Subhasree Anpeth Rangamandira, Komarawamy Layout, Bangalore

+91 90082 70313
ghate.skanda@gmail.com

#1



September 30 1:47 AM

SEW, LET'S SEE WHAT THEY ARE ABOUT!

Tantukaarya, a brand that focuses on making contemporary fashion apparel is aiming at supporting Artisans community and help sustain the art form in the world largely dependent on fast fashion. Tantukaarya has both handloom and handmade products with fabrics sources from all over India. With designs that are not available largely in the market, we would like to focus on exclusivity and uniqueness. This dream of tantukaarya started back when there where many clothing brands but none offered clothes that fit perfectly or were distinctive. Looking at comfort and style, we curate clothes for all who understand sustainability and support small businesses.

"We are largely sourcing handloom products from Karnataka @charakashramajeewiashram which is entirely a women's co-op society. "





'The Native Angadi' aims to revive our culture and heritage, and to blend it with our contemporary lifestyle.

We are on a mission to celebrate all our natives and support their local products.

Even though there is immense foreign influence on Indian Culture and Traditions, we must not stop learning about our heritage and origin. 'The Native Angadi' is your one-stop store to support local products, learn about their native, and reconnect with our roots.

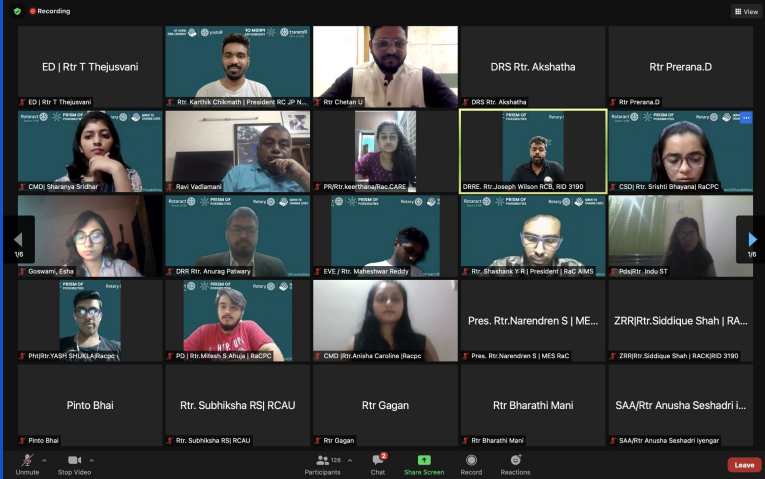
@NATIVEANGADI





PARTICIPATORY PROJECTS | September 2021

SL.N o	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Installation of RC Surana	RAC Surana	12th Sept	2	-
2	Rotaract Membership Extension	District 3190	15th Sept	2	-
3	Installation of Interact club of VET	Rotary Bangalore JP Nagar	18th Sept	3	-
4	Why Money Matters	Rotaract Palmville and Rotaract Dist.3190	18th Sept	1	-
5	Main Bhi EDITOR 3.0	Rotaract Club of Ambarnath RI Dist 3142	28th Sept	1	-



Rotaract Membership Extension program

Q1 STATISTICS

Letterhead Exchange







ROTARACT CLUB OF BANGALORE J.P. NAGAR

Sponsored by Rotary Bangalore J.P. Nagar
Rotary International District 3190
Estd. 28th June 2021 | Club ID: 8823877

25th September 2021

Rtr. Saigita Guraju
Rotaract Club of Ambarnath
RID 3142

Warm Rotaract Greetings,

We, the **Rotaract club of Bangalore JP Nagar** are extremely grateful to the president, board of directors and members of the Rotaract club of Ambarnath.

This letter head exchange is a wonderful opportunity to promote friendship and collaboration. We look forward to grow together as better Rotaractors and make our community smile.

Let us both celebrate Rotaract the way it's meant to be celebrated.

We wish your club all the very best and a Happy Rota year 2021-22.

Yours in Rotaract,

Rtr. Karthik Chikmath
President | 2021-22

Rtr. Geethanjali A.R
Secretary | 2021-22

Rtr. Karan Prasad
ISO | 2021-22

 rotaract_jpnagar
  rotaractjpnagar3190@gmail.com





ROTARACT CLUB OF AMBARNATH
(Youth Wing Of Rotary Club Of Ambarnath)

District 3142
Rotaract Club of Ambarnath
Rotary Club of Ambarnath

To,

President Rtr. *Karthik Chikmath*
Rotaract club of *Bangalore JP Nagar*
RID *3190*

I am heartened that Rotaract Programmes are deepening and broadening the friendships between many RI Districts across the world.

Nothing could be more appropriate and significant to kickstart our rotaractivity by strengthening our friendship through this kit exchange.

Hopefully, our relationship will further be strengthened through our cultural exchanges and people-to-people interactions. It is an opportunity for us to bring our districts closer and to experience exciting and vibrant Rotaract activities.

I hope that our partnership will get stronger and sustainable with time and will continue to pave the way for mutual understanding, common vision, unity and deep bonding among Rotaractors.

It's my honour to exchange respective letterheads and wish you all the best for your future endeavours.

Yours-In-Rotaract,

Rtr. Vishal Rathod

Rtr. Vishal Rathod
Club President
Rotaract Club of Ambarnath
RID 3142.

IMMEDIATE PAST PRESIDENT
RTR. KUMARASWAMY NAGESH
84652785

 PRESIDENT
RTR. VISHAL RATHOD
774857648

 SECRETARY
RTR. APARNA PURUSHOTHAMAN
84652785

 JOINT SECRETARY
RTR. ANISH ANANTHARAM
87507958

 VICE PRESIDENT
RTR. KUNHAM JACOB
91588022

 VICE PRESIDENT
RTR. SAKSHI SAKLA
84652785

 TREASURER
RTR. SAKSHI SAKLA
84652785

 TREASURER
RTR. MEET SAKLA
874857648

 SECRETARY AT LARGE (SAL)
RTR. NITESH GADGAD
77507958

 ISO
RTR. ANU VANDER
84652785



Q1 STATISTICS

Sl.no	Description	Remarks
1	Update Rotaract President on RI Website	Yes
2	Update Members in RI Website	20 Members
3.	Projects on RI Showcase	2 Projects are on RI Showcase
4.	Projects on 7 area of focus	4 Projects cover area of focus
5.	No. of collared GBM	2
6.	No. of collared Board Meeting	2
7	District Dues	40 members (enclosed District Dues Reciept)

Q1 STATISTICS

PAID

RECEIPT

Voucher No. 133
Voucher Date : 18th August 2021



Rotary International District 3190
PRISM OF POSSIBILITIES
Rtr. Anurag Patwary
District Rotaract Representative 2021-22

Rotaract District 3190

Treasury Team 2021-22
+91 80505 28348
3190trez2122@gmail.com
www.rotaract3190.org

Bill to :

Rotaract Club Of Bangalore/Bangalore JP Nagar
7411081908
Rotaract@jpnagar3190@gmail.com

Sl.no	DESCRIPTION	MODE OF PAYMENT	QTY	RATE	AMOUNT
1	Rotaract District Dues	Online Transfer	40	100	4000

TOTAL AMOUNT 4000

Total Amount in Words : Four
Thousand Rupees

Anurag P.

Rtr. Anurag Patwary
District Rotaract Representative
Rotary Year 2021-22
Rotaract District 3190

Hemant Chhajjar

Rtr. Hemant Chhajjar
District Treasurer
Rotary Year 2021-22
Rotaract District 3190

INCOME & EXPENSE for the Year 2021-22 (Q1)

Expense	Amount (Rs.)	Income	Amount (Rs.)
Administrative Expenses	3000	Opening Balance	0
Club services	1003	Administrative Income	14000
Event & Project	3300	Event & Projects	5540
District dues	4000		
Surplus	8237		
Total	19540	Total	19540

District Dues Receipt

Treasury Report

Q1 STATISTICS

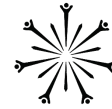
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
1		Event Name	Orientation	1st GBM	Zonal Meet	Board Meeting	Independence Day	Meet with Parent Club	Board Meeting	Go With the Flow	Canopy of Hope	2nd GBM			
2	Sl.No	Members Name	Meeting Date	6/17/2021	7/17/2021	8/8/2021	8/14/2021	8/15/2021	8/28/2021	9/4/2021	9/8/2021	9/11/2021	9/19/2021		
3	1	Adishesha Saiiram K B	1	1	1	1			1	1		1	1		
4	2	Aishwarya KR	1	1		1			1	1	1	1	1		
5	3	Alkshatha PB	1	1	1	1			1	1	1		1		
6	4	Alkshay Raj		1	1			1		1					
7	5	Amrutha Varshini		1	1	1	1	1		1					
8	6	Geethanjali A R	1	1	1	1	1	1	1	1		1			
9	7	Karan Prasad	1		1				1	1	1				
10	8	Karthik U Chikmath	1	1	1	1	1	1	1	1	1	1	1		
11	9	Loveena G Reddy		1				1		1					
12	10	Meghana KS		1						1		1			
13	11	Abhinandan		1	1										
14	12	Akash G.C			1							1			
15	13	Anand Kumar M		1	1										
16	14	Dhanush V Rao Shinde				1									
17	15	Harshit Gadag		1	1		1								
18	16	Keerthi Chikmath		1	1										
19	17	Madan Kumar		1	1										

Attendance Report

Average Attendance for the Projects : 35%

Rotaract_JPNagar_Attendance_Q121 .xlsx															
File Edit View Insert Format Data Tools Help Last edit was seconds ago															
	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O
32	30	Suhas			1	1									
33	31	Tushar													
34	32	Ullas Rao			1			1		1	1	1			
35	33	V santhosh Kumar		1				1							
36	34	Varsha Ramdas	1			1		1	1		1	1			
37	35	Vishnu R Raj					1								
38	36	A Nagashree					1								
39	37	Skanda Ghate													
40	38	Rahul KA									1				
41	39	Komal D M													
42	40	Aayush Basavesh													
43	41	Priyanka Gopal										1			
44	42	Yukthi H S						1			1	1			
45	43	Monika B										1			
46	44	Aditya P										1			
47	45	Ranjith UB										1			
48	46	Roopashree HS						1			1	1			
49		Total	11	24	19	15	11	13	16	9	10	19			

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



October 2021

1. Collared Board Meeting

- **Date** - 27th October 2021
- **Location** - Aditya Hotel, JP Nagar
- **Type of Project** - Stand Alone
- **Avenue** - Club Service
- **No. of Attendees** - 7

Project Summary - Collared Board Meeting

Project Description -

Collared Board Meeting was organised by Club President to review Quarter 1 in the presence of our mentor Rtn. Dr. Nandeesh V Hiremath. We congratulated the team for the GOLD Recognition from the District we received for Q1.

We also had a detailed discussion on future projects on different areas of focus, and planned about our flagship event.



2. RIDE

- **Date** - 30th October 2021
- **Location** - Hotel Paakashala & Art of Living
- **Type of Project** - Stand Alone | District Initiative
- **Avenue** - International Service
- **Fund Spent**- Rs. 3,251/-
- **No. of Attendees** - 3

Project Summary - Rotaract Inter District Exchange

Project Description - Rotaract Dist. 3190 hosted Rotaractors from Dist. 3060, Gujarat (4 Rotaractors) and Dist. 3201, Coimbatore (5 Rotaractors) for 4 days in Bengaluru.

Rotaract Bangalore J.P.Nagar hosted the team on 30th. The day started with rich south Indian Brunch at Paakashala Restaurant. This was followed up with visit to **Art of Living International centre**.

All the Rotaractors enjoyed and spent peaceful time amidst the nature at this huge centre. We also got a chance to have a 15 min guided meditation and a pep talk on how to be happy. This was followed up with snacks at JP nagar.

Overall a fun networking day and lots of information shared between the rotaractors.

We also got to do 9 **LETTER HEAD** exchanges with the clubs.







PARTICIPATORY PROJECTS October 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Run For Hunger	RAC Aagenya & RIMS	10th Oct	16	Rs 1,600 /- Contributed
2	Mega Trek V5.0	Rotaract Club of Banashankari	24th Oct	6	Rs 4,200 /- Contributed
3	Chitrakarsha	Rotaract Club of Surana	23rd Oct	1	-

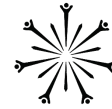


Run for Hunger



Mega trek 5.0

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



Thank You!!

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



November 2021

1. ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ themed - GBM

- **Date** - 7th November 2021
- **Location** - Skyline Pizzeria, JP Nagar
- **Type of Project** - Stand Alone
- **Avenue** - Club Service
- **No. of Attendees** - 26
- **Our Reels Cam** -
https://www.instagram.com/reel/CWgKTxSAtZy/?utm_medium=copy_link

Project Summary - General Body Meeting in **Kannada**

Project Description -

This was one of a kind GBM as we all celebrated **KANNADA** and **KARNATAKA** on the occasion of Kannada Rajyotsava. We were all dressed up in colours of Yellow & Red.

Meeting was called to order by the President and we **reviewed Q1**.

Important club updates and project updates were given. Floor was open for discussion and sharing project ideas.

The club service team took over & conducted Quiz, Pictionary, Rapid fire rounds and other several games on the topic Karnataka.

Overall a fun filled day and enjoyed by all the members.



2. Share to Care

- **Date** - 12th November 2021
- **Location** - Bangalore institute of Technology
- **Type of Project** - Joint Project
- **Partner Club** - Rotaract Club of B.I.T
- **Avenue** - Community Service
- **Area of Focus** - Supporting Education
- **No. of Attendees** - 2

Project Summary - Distribution of Books to underprivileged kids

Project Description -

Rotaract Club of B.I.T had come up with this idea of donating Books and Funds to Special Children School located Basavanagudi.

We as the Partnering club have donated **40 books**, which would be benefiting the children to make their Dreams a Reality.



Donation of Books

3. Save the Bear

- **Date** - 14th November 2021
- **Location** - Bear Rescue Centre, Bannerghatta National Park
- **Type of Project** - Stand Alone
- **Association** - Wildlife SOS & Friends of Wildlife
- **Avenue** - Community Service
- **Area Of Focus** - Protecting the environment
- **No. of Attendees** - 15
- **Our Reels Cam** -
[https://www.instagram.com/reel/CW0xdvQDjkz/?utm_medium=copy link](https://www.instagram.com/reel/CW0xdvQDjkz/?utm_medium=copy_link)

Project Summary - Save the Bear

Project Description - "A Day With The Bears" 🐻

Such beautiful beings and so much to learn from them. Especially the ones at the Bear Rescue Centre where most of them were rescued after the Govt banned the Karadi Kunitha which was famous in the villages for entertainment purpose.

Even today most of the bears there are traumatised when they see a lot of people together. Hence we are not allowed to click any pictures. They have a special counsellor who takes therapy sessions and they have a veterinary doctor who is there to check on them 24/7. They have contracted human TB living in contact with their masters for years. They need constant care as they cannot be left in the wild due to the closeness they have developed with the human beings.

The best part is that the rescue centre has workers who were once the torturing masters of the dancing bears who are now the caretakers and the relationship between them and bears have changed with a whole new perception to life.

After building them a special play area and helping the forest guards to clean up their kitchen. We had to say goodbye to the wonderful team of Wildlife SOS and the playful, honey and fruits loving beings.

Little do we know of the struggles the forest guards go through on a daily basis.

So grateful for this one of a kind experience supported by Friends of wildlife.





4. Hydrate

- **Date** - 14th November 2021
- **Location** - Bear Rescue Centre, Bannerghatta National Park
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Bangalore JP Nagar
- **Area Of Focus** - Providing Clean Water
- **Avenue** - Community Service
- **No. of Attendees** - 15
- **Funds Spent**- 6,250 /-
- **Funding Source** - Parent Rotary

Project Summary - Distribution of eco friendly water Bottles

Project Description -

Rotaract Bangalore JP Nagar along with Rotary Bangalore JP Nagar distributed 20 water bottles to forest guards who stay in the core area of the forest at Bannerghatta National park.

We learned that the caretakers of the Bears toil hard daily in hot sun to provide better life for the traumatized Bears. It was apt for us to show them gratitude for their service by providing them aluminium water bottles which would go handy for them.



5. Cleanathon

- **Date** - 14th November 2021
- **Location** - Bear Rescue Centre, Bannerghatta National Park.
- **Type of Project** - Stand Alone
- **Avenue** - Community Service
- **Area of Focus** - Protecting Environment
- **No. of Attendees** - 15

Project Summary - Cleaning and Rebuilding Bear Kitchen & Rehab.

Project Description - As part of cleaning drive we helped the kitchen staff to clean the huge vessels which prepares around 600 kgs of food for the bears every day. We mopped and swept the floors. We cleaned the spider webs as well. We made special play area for their enrichment activities and cleaned their beds. What is truly important here is that from cooking to cleaning, everything mentioned above is managed by one single person every day there. We never truly know how much efforts goes in the forest, do we? We sparkled their kitchen at the end of the day.





6. Kannada Samskruthika Avalokana

- **Date** - 26th November 2021
- **Location** - RV Dental College, JP Nagar
- **Type of Project** - Joint project
- **Partner Club** - Rotary Bangalore JP Nagar & Innerwheel Club Of JP Nagar
- **Avenue** - Club Service
- **No. of Attendees** - 8

Project Summary - A joint meeting & Kannada Rajyotsava celebration with Parent Club

Project Description -

In Association with Rotary Bangalore JP Nagar & Inner Wheel Club Of JP Nagar had organised a meeting to celebrate Kannada Rajyotsava.

This was indeed a different Meeting to know more about our heritage and history of formation of Karnataka and also evolution over the years by our beloved Guest speaker Dr. Shivamallu.

We also made our club announcements in the second quarter.

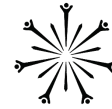




PARTICIPATORY PROJECTS NOVEMBER 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Wednesday Dynamics	Rotaract Club Of Mount Carmel College	17th Nov	6	-

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



December 2021

1. Lord of Strings

- **Date** - 4th December 2021
- **Location** - Shuttle Space Smash Studio
- **Type of Project** - Joint project
- **Partner Club** - Rotaract Club of Bengaluru United
- **Avenue** - Club Service / Fundraiser
- **No. of Attendees** - 6

Project Summary - Badminton Fundraiser tournament

Project Description -

Rotaract club of Bengaluru United had come up with a Fundraiser event. It was a Badminton tournament

We as a partnering club, supported this cause by registering 6 people for the tournament.

We were the Runners up in men singles and also Runners up in men doubles category.

Overall a fun filled Badminton day for a cause.



2. Kreedotsava

- **Date** - 5th December 2021
- **Location** - Mes Grounds, Jayanagar.
- **Type of Project** - Joint project
- **Partner Club** - Rotaract Club Of Bangalore & Rac BMSCW, RaC Surana
- **Avenue** - Club Service / Fundraiser
- **No. of Attendees** - 12

Project Summary - Kreedotsava-Play for a cause.

Project Description -

Rotaract Club of Bangalore had organised their flagship event, along with 15 other partnering Clubs.

Around 12 of our members had registered for the fundraiser event and played cricket, football & throwball.

Our club members also made friends with other Club and Enjoyed the event.



3. Dhwani

- **Date** - 16th December 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Avenue** - Public Image
- **Link-**
[https://issuu.com/rotaractjpn/docs/rcjpn - q1_bulletin - nov_2021_updated](https://issuu.com/rotaractjpn/docs/rcjpn_-_q1_bulletin_-_nov_2021_updated)

Project Summary - Dhwani - Q1 Bulletin Release

Project Description -

Dhwani is everything that represents us as a club. It showcases all the projects and people in action. We as a charter club were very excited to release our first bulletin. A lot of thoughts, ideas and hardwork has gone into making this bulletin. From not knowing what a bulletin was to making such a beautiful one, we are thrilled to present - DHWANI.

It was released on online platform including social media and also mailed to the District and all clubs Presidents & secretaries.

You can find the link to our bulletin in the description.



4. Vidhyagama

- **Date** - 24th December 2021
- **Location** - Anjanapura
- **Venue**- Government School, Anjanapura
- **Type of Project** - Joint project
- **Partner Club** - Rotary Bangalore JP Nagar, Interact Club of VET school & Interact club of Siddaganga School.
- **Avenue** - Community Service
- **No. of Attendees** - 4
- **Funds Raised** - 56,085/- (Parent Rotary & Crowdfunding)
- **Funds Spent** - 34,500/-
- **Our Reels Cam** - https://www.instagram.com/reel/CYb78WOBf_i/?utm_medium=copy_link

Project Summary - Notebook distribution drive.

Project Description -

A District Interact initiative to donate toys / books to kids.

We decided to take up this project by donating writing books to the students of 6th, 7th & 8th Std of Government school of Anjanapura and bring a smile on their face for this Christmas.

The kids were super excited to collect books from us and were eagerly listening to us when we advised them about their future and importance of education.

The project was also supported by our parent Rotary and sister Interact clubs. We distributed **2050 books** to **340 students**.



5. Budding Journey 2.0

- **Date** - 31st December 2021
- **Location** - Online
- **Type of Project** - Stand Alone
- **Area of Focus** - Promoting local Business.
- **Avenue** - Social media

Project Summary - Budding Journey 2.0

Project Description -

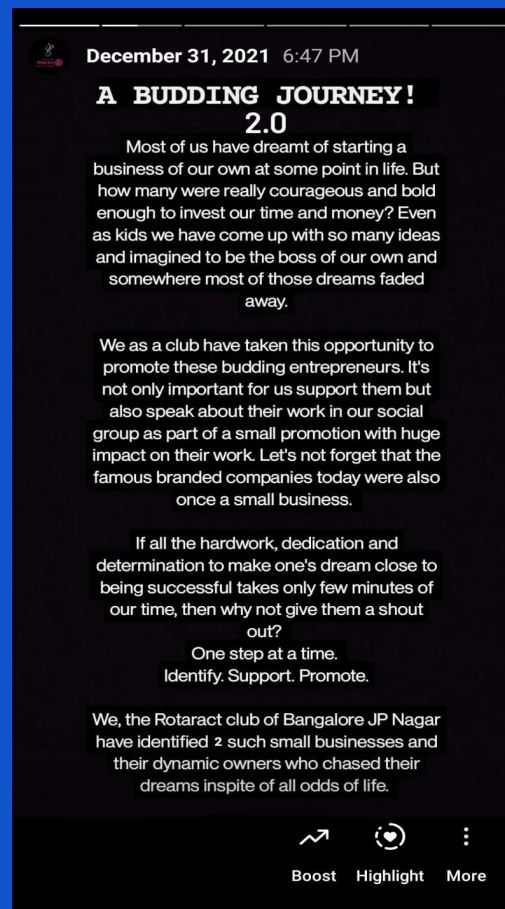
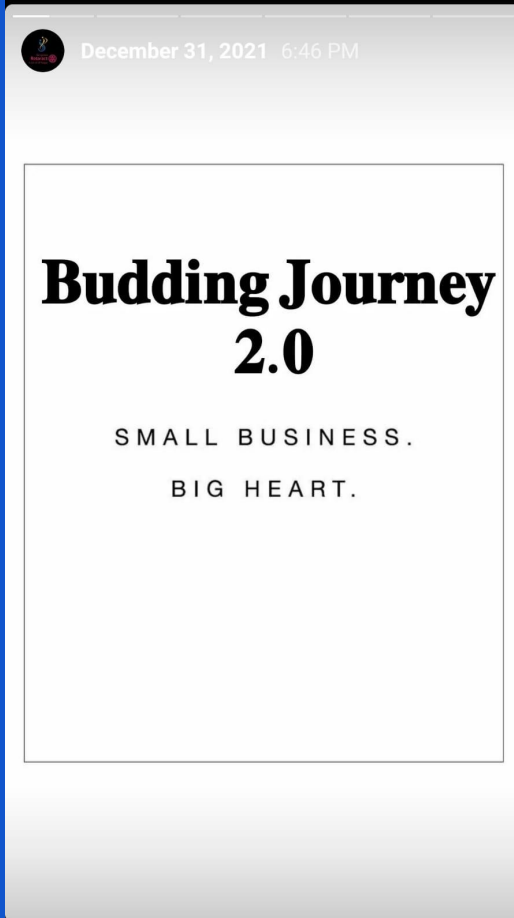
As part of Growing local Economies, we as a club have taken this opportunity to promote the budding entrepreneurs. It's not only important for us support them but also speak about their work in our social group as part of a small promotion with huge impact on their work. Let's not forget that the famous branded companies today were also once a small business.

If all the hard work, dedication and determination to make one's dream close to being successful takes only few minutes of our time, then why not give them a shout out?

One step at a time.

Identify. Support. Promote.

In this quarter we were able to identify **2 Rotaractors from our Club** who chased their dreams in spite of all odds of life. We decided to make them smile this month. Check out!





December 31, 2021 7:13 PM

More about Entuition

Entuition is an ed-tech startup based out of Bengaluru. Entuition creates curriculum courses for engineering students where the courses are taught from basics to advance level. Courses are taught by subject experts and using new technology called light board. Entuition also provides New-Gen exam scanners to further help students to ace their exams.

@entuitionorg

Boost Highlight More

December 31, 2021 9:08 PM

Up next #2



@XTROGENESISTECHNOLOGY



Boost Highlight More

December 31, 2021 9:20 PM

Let's know more about :

At Xtrogenesis Technology, We undertake, promote, foster, carry-on, develop projects requiring high technological inputs and translation of new technologies from an idea into a customized product as per needs of the client/customer, manufacture of prototypes, manufacture of products for testing, development activities, and research in all fields.

We also help bridge the gap between the learnings at the academia level with the demands of the industries by conducting hands-on workshops which teaches students innovative ways to tackle real life problems.

@XTROGENESISTECHNOLOGY

Boost Highlight More

PARTICIPATORY PROJECTS DECEMBER 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Kannada Rajyotsava	Rotary District 3190	3rd Dec	1	---
2	Fiesta La Vie	District Meeting	4th Dec	3	---
3	Entrepreneurship Development Program	Rotary Club Of Bangalore Junction	5th Dec	3	---
4	Toxic Positivity	Rac 3141 & Rac 3190	25th dec	1	-
5	Treasury- Dist meet	District 3190	3rd Dec	1	-
6	SAA - Dist meet	District 3190	26th Dec	1	---
7	Club Service - Dist meet	District 3190	22nd Dec	1	---



Q2 STATISTICS

- Letterhead Exchanges



Q2 STATISTICS

- Letterhead Exchanges



Total Letterhead exchanges = 9



Q2 STATISTICS

INCOME & EXPENSE for the Year 2021-22 (Q2)			
Expense	Amount (Rs.)	Income	Amount (Rs.)
Event & Project	56,179	Opening Balance	8,237
		Administrative Income	5,200
		Event & Projects	74,833
Surplus	32,091		
Total	88,270	Total	88,270

Treasury report

Q2 STATISTICS

	A	B	C	D	E	F	G	H	I	J	K	L
1		Event Name	Orientation	1st GBM	Zonal Meet	Board Meeting	Independence Day	Meet with Parent Club	Board Meeting	Go With the Flow	Canopy of Hope	2nd GBM
2	Sl.No	Members Name Meeting Date	17/6/2021	17/7/2021	8/8/2021	14/8/2021	15/8/2021	28/8/2021	4/9/2021	8/9/2021	11/9/2021	19/9/2021
3	1	Adishesha Sairam K B	1	1	1	1		1	1	1	1	1
4	2	Aishwarya KR	1			1		1	1	1	1	1
5	3	Akshatha PB	1	1	1	1		1	1	1		1
6	4	Akshay Raj		1	1		1		1			
7	5	Amrutha Varshini		1	1	1	1		1			
8	6	Geethanjali A R	1				1	1	1	1		1
9	7	Karan Prasad	1			1			1	1		
10	8	Karthik U Chikmath	1	1	1	1	1	1	1	1	1	1
11	9	Loveena G Reddy		1			1		1			
12	10	Meghana KS		1					1		1	
13	11	Abhinandan		1	1							
14	12	Akash G C			1						1	
15	13	Anand Kumar M		1	1							
16	14	Dhanush V Rao Shinde				1						
17	15	Harshit Gadag		1	1		1					
18	16	Keerthi Chikmath		1	1							
19	17	Madan Kumar		1	1							
20	18	Niranjana Aithal		1	1		1	1				1
21	19	Niranjana V		1	1							1
22	20	Nithin G		1								
23	21	Omkar N. Hiremath	1	1		1			1			
24	22	Prerana G Sharma		1	1			1				1
25	23	Rajitha KP	1	1	1	1		1	1		1	

Attendance Report

Average Attendance for the Projects : 28%

	A	B	C	D	E	F	G	H	I	J	K	L
25	23	Rajitha KP	1	1	1	1		1	1		1	
26	24	Rohith CR										
27	25	Sachidananda A N	1	1	1	1			1			1
28	26	Sagar		1			1					
29	27	Sambhrama			1							
30	28	Sanjana G Sharma	1	1		1			1	1		1
31	29	Srinivas lyengar				1			1		1	1
32	30	Suhas				1	1					
33	31	Tushar										
34	32	Ullas Rao			1			1		1	1	1
35	33	V santhosh Kumar		1				1				
36	34	Varsha Ramdas	1			1		1	1		1	1
37	35	Vishnu R Raj					1					
38	36	A Nagashree					1					
39	37	Skanda Ghate										
40	38	Rahul KA									1	
41	39	Komal D M										
42	40	Aayush Basavesh										
43	41	Priyanka Gopal										1
44	42	Yukthi H S						1		1		1
45	43	Monika B										1
46	44	Aditya P										1
47	45	Ranjith UB										1
48	46	Roopashree HS						1		1		1
49		Total	11	22	18	14	11	13	16	9	10	19

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



January 2022

1. Inception

- **Date** - 16th January 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 28
- **Avenue** - Club Service

Project Summary - Connect with DRRE Rtr. Joseph Wilson

Project Description -

We conducted our General Body meeting along with Inception. We reviewed Q2 and made club announcements. Club future plans and activities were discussed and floor was open for discussions and feedbacks on the club.

We then had a very insightful and knowledgeable session from DRRE Rtr. Joseph Wilson who explained us about Rotaract and gave us ideas and information on how an ideal club should function. He also shared ideas and plans for the next Rota year. The event was also graced by our ZRR's Rtr. Anirudh and Rtr. Preetham.



A screenshot of a Zoom meeting interface showing a grid of 18 participants. The participants are arranged in a 3x6 grid. The bottom row contains three larger tiles: Niranjan Venkatesh, Akshay raj, and a tile for Bobby (General Meeting). The bottom status bar shows the time 18:51, the user name ugs-umdi-bin, and various meeting controls like mute, video, chat, and a red end call button. A small thumbnail grid of all participants is visible in the bottom right corner.

Participant Name	Participant Name	Participant Name	Participant Name	Participant Name	Participant Name
Joseph Wilson	Aishwarya Kr	Geethanjali A R	nikitha bharadwaj	Karthik JP	Adishreeha Sankam
Anirudh kulkarni	Akshatha P B	sachidananda A N	Varsha Ramdas	Srinivas Iyengar	Preetham T
Loveena Reddy	rajitha kp	Sanjana Sharma	Rahul K A	ullas rao	Joe Wilson
Niranjan Venkatesh	Akshay raj	Bobby (General Meeting)			

18:51 | ugs-umdi-bin

2. Online FUN Activities

- **Date** - 16th January 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 20
- **Avenue** - Club Service

Project Summary - Online games and Humble politician Nograj series streaming

Project Description -

As we were going through the 3rd wave of COVID and yet another weekend curfew, our club service team had got us occupied on a sunday evening.

They had arranged for online games and then screening of Humble Politician Nograj series. Totally a fun filled evening.



3.A Salute to Brave Hearts

- **Date** - 26th January 2022
- **Location** - Online
- **Type of Project** - Joint Project
- **Joint Club** - Rotaract Club of Nagarbhavi, Marathalli, Greater Jayanagar, Surana
- **No. of Attendees** - 7
- **Avenue**- Professional Development

Project Summary - A Salute to Brave Hearts

Project Description -

On occasion of Republic day, we got an opportunity to listen from Veteran Wing commander DP Sabharwal.

He is an engineer by training, an aviation-man by profession, a teacher at heart, a motivator and counsellor by instinct, a social worker by choice & writer by Pasion.

We also got insights on how to implement discipline, value of time & on how one can pursue in the field of army, defence & navy for college students.

Veteran has also published more than 100 literary articles, he also has written 48 Books out of which 26 of them is based on Aviation and space related subjects.

Totally, an Insightful Session on Republic day.





Rotaract
CLUB OF
MADHUBANI GREATER JAYANAGAR
41 (DISTRICT 3190)



Rotaract
Club of Bengaluru Nagarbhavi



Rotaract
Club of Bengaluru Nagarbhavi



Rotaract
Surana College



Rotaract
District 3190



Arathahalli
to serve with love



Bangalore
Rotaract
Club of JP Nagar





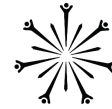
SALUTE TO BRAVE HEARTS



PARTICIPATORY PROJECTS JANUARY 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Governor's Official Visit	Rotary Bangalore JP Nagar	4th Jan	9	–
2	Wednesday Dynamics	Rac Mount Carmel College	5th Jan	10	--
3	Zonal Meet	Zone Blue	8th Jan	10	–
4	DOV	Rac of Surana College	15th Jan	2	–
5	DOV	Rac of Nagarabhavi	16th Jan	2	–

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**

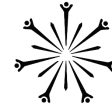


Bangalore
Rotaract
Club of JP Nagar



Thank You!!

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



February 2022

1. RIDE to Goa 3170

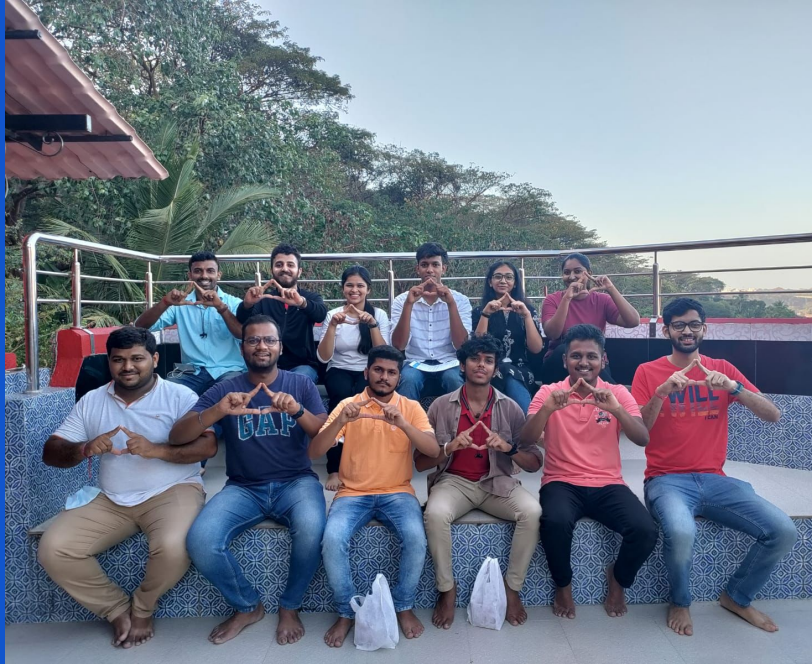
- **Date** - 4th Feb 2022 - 6th Feb 2022
- **Location** - Goa
- **Type of Project** - District 3190
- **No. of Attendees** - 1
- **Avenue** - International Service

Project Summary - Rotaract Inter Dist Exchange program to Dist 3170, Goa

Project Description - Our club member Rtr.Karthik JP participated in RIDE to Goa, organised by our Dist 3190. When asked about his experience, this what he had to say.

“RIDE 3170 must be one of my most memorable Goa trips as the rotractors there showed us the unseen, hidden, and cultural part of Goa along with its vast history, and authentic foods which are in my view the better and calmer Goa.

Not just that, also got an opportunity to interact with so many rotractors and learn about their flagship projects which also opened up the discussions on collaborations and joint projects. Looking forward to more such opportunities.”



2.Board Meeting

- **Date** - 23rd Feb 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 10
- **Avenue** - Club Service

Project Summary - Collared Board meeting

Project Description -

As we are nearing to our DOV the President organised a Board Meeting to plan and execute things smoothly. As part of the board meeting, we made our club announcements and other project ideas were made by the board members. We kept the floor open for discussions, feedback on the functioning of the club. We also took the approval from board and announced our next year President and secretary.



Meet - inf-msme-prg

meet.google.com/inf-msme-prg?pli=1

Apps Gmail YouTube Maps Reading List

Varsha Ramdas

Geethanjali A R

Aishwarya Kr

Sanjana Sharma

Karan Prasad

Akshatha P B

Rahul K A

Adishesha Sairam

sachidananda A.N

You

22:37 | inf-msme-prg

Microphone Video Chat Screen Share End Call

10

Info Participants Chat Screen Share

3. National Immunization Day

- **Date** - 27th Feb 2022
- **Location** - Sarakki Public Health Centre
- **Type of Project** - Joint project
- **Joint Club** - Rotary Club of Bangalore JP Nagar
- **No. of Attendees** - 6
- **Avenue** - Community Service
- **Area of Focus** - Disease prevention & treatment

Project Summary - Pulse Polio program with Parent Rotary

Project Description -

Rotaract Jp nagar in association with Rotary Jp nagar conducted pulse polio immunisation drive on account of National Immunisation Day.

We helped the volunteers by driving them to their booths, setting up the camp and providing them breakfast & lunch.

Announcements in auto were made in and around JP nagar and Jayanagar areas for public awareness.

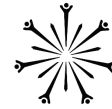
We had a good response of over 50 kids who were assisted by their parents to make sure to their shot right and continue the track record of India to be Pulse polio free nation.



PARTICIPATORY PROJECTS FEBRUARY 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Community Service - Dist meet	District 3190	9th Feb	1	—
-	-	-	-	-	--

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



March 2022

1. Go with the Flow 2.0

- **Date** - 8th March 2022
- **Location** - Rajajinagar
- **Venue** - Need Base India (NGO)
- **Type of Project** - Joint Project
- **Joint Club** - Rotaract Club of Falcon City
- **No. of Attendees** - 9
- **Avenue** - Community & Youth Service
- **Project Funding:**
Funds Spent -1000/-
- **Our Reels Cam** -
https://www.instagram.com/reel/Ca30tSzpq3n/?utm_medium=copy_link

Project Summary - Educating girls on menstrual Hygiene & distribution of Sanitary pads.

Project Description -

The project was conducted in Need Base India an NGO with girls aged 7-11 years.

60% of the girls here are orphans and 40% of them are rescued from roads, sexual harassment and abuse, violence, Etc.

They were very active and responsive about every question on Menstrual health and hygiene.

We donated 1000 pads to the organisation. It should get them by for some months.

Just seeing them full of life and dreams and smiling through the hardships of life like it is nothing made our day. So much to learn from those young brave ladies.

We are hopeful we will support them again in the future as a club.



2. Peace and Conflict Resolution

- **Date** - 12th March 2022
- **Location** - Online
- **Type of Project** - Joint Project
- **Joint Club** - Rotaract Club of Banashankari
- **Avenue** - Community Service
- **Area of Focus** - Peace Conflict & Resolution

Project Summary - A video on ongoing war & its effects

Project Description -

In order to promote Peace which also happens to be one of the important areas of focus in Rotary International. We made a Reel on Instagram on how war disrupts the peace and life of the affected areas. The after effects of war and its brutal impact on the people's physical and mental health. Promotion of peace and believing in the idea of Vasudaiva Kutumbakam - World is one family, let us live in peace and harmony.



3. Adoption of Bear Kuber

- **Date** - 13th March 2022
- **Location** - Bannerghatta Bear rescue centre
- **Type of Project** - Stand Alone
- **Avenue** - Community Service
- **Project Funding** -
 1. **Funding Source** - Club Members
 2. **Funds Spent** - Rs 28000/-
- **Area of Focus** - Protecting Environment

Project Summary - Adoption of Bear Kuber for one year.

Project Description -

Earlier on 14th November 2021, Rotaract Bangalore J.P.Nagar had visited Bear rescue centre at Bannerghatta national park and understood the efforts being put by Wildlife SOS in protecting & rehabilitating the rescued Bears.

With an aim to contribute for this cause & to protect the last few sloth bears remaining in the country, our club members together **adopted a Bear named Kuber** for 8 months.



SPONSORSHIP CERTIFICATE



Wildlife SOS is grateful to
**ROTARACT CLUB OF BANGALORE
JP NAGAR**

for sponsoring
'KUBER'

A rescued bear now living at the
Bannerghatta Bear Rescue Centre,
Bengaluru, India.

Kuber, along with his brother Nakul was rescued from an anti-poaching operation that left them orphaned. The two were hand-raised at the Bannerghatta Bear Rescue Centre. Kuber has grown up to be a very curious bear who loves to play with the various enrichments in his enclosure. Your unwavering support for Kuber plays an intrinsic role in allowing us to provide him with the love and care he deserves.



Geeta Seshamani
Co-founder & Secretary



Kartick Satyanarayan
Co-founder & CEO

4. Joint Meeting & GBM

- **Date** - 24th March 2022
- **Location** - Offline
- **Venue** - RV Dental College
- **Type of Project** - Joint Project
- **Joint Club** - Rotary Club of Bangalore JP Nagar
- **No. of Attendees** - 7
- **Avenue** - Club Service

Project Summary - Celebrated Women's Day with parent Rotary & Innerwheel Club of Bangalore JP Nagar

Project Description - On occasion of International Women's Day, along with Rotary club of Bangalore JP Nagar & Innerwheel Club of JP Nagar celebrated the day in a unique way.

We got an opportunity to listen from Sensei Harini R on women empowerment in different areas of life, & on how it's important to be Physical & mental Fit. we also appreciated women in the society working in different sectors.



5. DOV

- **Date** - 26th March 2022
- **Location** - Offline
- **Venue** - Reliance Club
- **Type of Project** - Stand Alone
- **No. of Attendees** - 32
- **Avenue** - Club Service
- **Project Funding** -
 1. **Funding Source** - Parent Rotary + Club Funds
 2. **Funds Spent** - Rs 15,600/-

Project Summary - District Rotaract Representative Official Visit.

Project Description -

Rotaract club of Bangalore JP Nagar conducted it's DRR's official visit on 26th of March.

The event was conducted as per the guidelines with 1st a close door meeting with Dist officials & club core team. It was followed up by a board meeting. Both the sessions were interactive review & feedback sessions.

General Body meeting was conducted later which was graced by members of parent Rotary, Dist Rotaract officials, rotaractors from other clubs, we presented the project reports and heard from all the Dist officials. The event was followed up with Dinner.



6. Wednesday Dynamics

- **Date** - 30th March 2022
- **Location** - Online
- **Type of Project** - Joint Project
- **Joint Club** - Rotaract Club of MCC
- **No. of Attendees** - 10
- **Avenue** - Professional Development
- **Link** - https://www.instagram.com/tv/Cbuw9KXqW9f/?utm_medium=copy_link

Project Summary - Wednesday Dynamics

Project Description -

It is an initiative by the professional development avenue of MCC Rotaract Club, which provides a broad social platform where potential entrepreneurs share insights about their startups. This event is held every Wednesday and we go live on our Instagram page mccrotaractclub, with budding entrepreneurs and feature and promote their business. Learning from the challenges faced and difficulties encountered in their journey.

Rotaract club of Bangalore JP nagar partnered with MCC Rotaract by helping them find potential entrepreneurs & small business owners and also hosting the live session with them to help understand their journey.



Rotaract Club of Mount Carmel College
In Collaboration with
Rotaract Club of JP Nagar
presents

WEDNESDAY DYNAMICS



Akarsh HP
Founder of Raker Media Labs

Hope to see y'all there!
30th March, 2022 at 7PM
Live on [mccrotaractclub](#)

PARTICIPATORY PROJECTS FEBRUARY 2021

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Pres, Sec, VP & Jt. Sec Meet	District 3190	6th March 2022	2	-
2	Sheroes	Rotaract BMS Yelahanka	7th March 2022	-	-
3	DOV	Rac Koramangala	27th March 2022	2	-

Q3 STATISTICS

- Letterhead Exchanges



Our Rtr.Karthik JP was a part of RIDE to Goa and exchanged letterheads with 11 clubs

Q3 STATISTICS

INCOME & EXPENSE for the Year 2021-22 (Q3)			
Expense	Amount (Rs.)	Income	Amount (Rs.)
Event & Project	44931	Opening Balance	32091
Administrative Expenses	680	Administrative Income	-
		Event & Project	28000
Surplus	14480		
Total	60091	Total	60091

Treasury report

Q3 STATISTICS

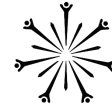
Event Name	GOV	Salute to Brave Hearts	Inception	Online Games/ HPN	BOD	National Immunization Day	RIDE	Go With the Flow	Peace and Conflict Resolution
Sl.No	Members Name Meeting Date	4/1/2022	16/1/2022	16/1/2022		27/1/2022			
1	Adishesha Sairam K B	1	1	1	1				
2	Aishwarya KR	1	1	1	1	1		1	
3	Aishatha PB		1	1	1			1	
4	Akshay Raj		1	1		1			
5	Amrutha Varshini								
6	Geethanjali A R	1	1	1	1	1			
7	Karan Prasad				1				
8	Karthik U Chikmath	1	1	1	1	1		1	
9	Loveena G Reddy		1	1					
10	Meghana KS								
11	Vinay Karanth								
12	Akash G C								
13	Dhanush V Rao Shinde								
14	Harshit Gading					1			
15	Keerthi Chikmath								
16	Karthik JP						1		
17	Niranjana Athai								
18	Nirajan V		1	1					
19	Nithin G								
20	Omkar N. Hiremath								
21	Prerana S Sharma	1							
22	Rajitha KP		1	1					
23	Rohith CR								

Attendance Report

Average Attendance for the Projects : 25%

A	B	C	D	E	F	G	H	I	J	K	L
27	Sambhrama			1							
28	Sanjana G Sharma	1	1		1			1	1		1
29	Srinivas Iyengar				1			1		1	1
30	Suhas				1	1					
31	Tushar										
32	Ullas Rao			1			1		1	1	1
33	V santhosh Kumar		1				1				
34	Varsha Ramdas	1			1		1	1		1	1
35	Vishnu R Raj					1					
36	A Nagashree					1					
37	Skanda Ghate										
38	Rahul KA									1	
39	Komal D M										
40	Aayush Basavesh										
41	Priyanka Gopal										1
42	Yukthi H S						1		1		1
43	Monika B										1
44	Aditya P										1
45	Ranjith UB										1
46	Roopashree HS						1		1		1
Total		11	22	18	14	11	13	16	9	10	19

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



April 2022

1. Wednesday Dynamics

- **Date** - 6th April 2022
- **Location** - Online
- **Type of Project** - Joint Project
- **Joint Club** - Rotaract Club of MCC
- **No. of Attendees** - 8
- **Avenue** - Professional Development

Project Summary - Wednesday Dynamics

Project Description -

It is an initiative by the professional development avenue of MCC Rotaract Club, which provides a broad social platform where potential entrepreneurs share insights about their startups. This event is held every Wednesday and we go live on our Instagram page [mccrotaractclub](#), with budding entrepreneurs and feature and promote their business. Learning from the challenges faced and difficulties encountered in their journey.

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Rotaract Club of Mount Carmel College
in Collaboration with
Rotaract Club of JP Nagar
presents

WEDNESDAY DYNAMICS



SELINA PATTNAIK
Founder of Happy Boy

Hope to see y'all there!
6th April, 2022 at 7 PM
Live on mccrotaractclub

2. UPL PRIME

- **Date** - 12th April 2022
- **Location** - Offline
- **Venue** - Cafe down the Alley, BTM
- **Type of Project** - Joint Project
- **Joint Club** - RC of Bengaluru United, RC of Koramangala
- **No. of Attendees** - 5
- **Avenue** - Club Service, Fundraiser

Project Summary -

IPL match screening RCB Vs CSK to raise funds for a community service project

Project Description -

As the 14th season of IPL is going on & with IPL fever around the corner, Rotaract club of Bengaluru United & Rotaract club of Koramangala came up with the idea to screen the most awaited southern Derby **RCB vs CSK**.

As partnering club, Rotaract club of Bengaluru JP Nagar supported the event with 5 registrations for the event. The event was fun filled with all the Rotaractors cheering for RCB / CSK. Lots of Banter & fun. Truly one of kind club service event.

Rotaract 
Club of Koramangala

Rotaract 
Club of Bengaluru United

present
TUESDAY NIGHT
UPL PRIME
Fundraiser for a community service project
April 12th, 2022
07.00 PM Onwards

Thank you For Collaborating with us

Rotaract 
Bangalore SouthWest
Rotaract Bangalore SouthWest

Rotaract 
Club of Vidayaranyapura
Rotaract Bangalore Vidyaranyapura

 **CREATING
LEGACIES**


Bangalore
Rotaract 
Club of JP Nagar
Rotaract Club of JP Nagar


Rotaract Club
of Bengaluru HSR
Knowledge | Service | Commitment | Love
Rotaract Club of Bengaluru HSR



3. ROTARACT RETREAT

- **Date** - 14, 15 & 16th April 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 15
- **Avenue** - Club Service
- **Link** -
<https://www.instagram.com/reel/CcyHdNegHTM/?igshid=YmMyMTA2M2Y=>
https://www.instagram.com/reel/CcmiSP_D29A/?igshid=YmMyMTA2M2Y=

Project Summary - A Fun Filled Trip.

Project Description -

What is Rotaract without fellowship?

We the club members had been on a 3 days trip to Gokarna.

As a charter club it was a very important event for our club bonding and fellowship for all the members. We got to know each other and discussed a lot of great ideas for future projects and events for our club. We played games and did a lot of sighting in Gokarna too.

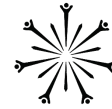
We are hoping to continue such club activities and fellowship programs.



PARTICIPATORY PROJECTS APRIL 2022

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	Rotaract District Conference	District 3190	24th - 25th April 2022	10	4,200 /-

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



May 2022

1. RO water plant installation at Kodikoppalu Village

- **Date** - 1st May 2022
- **Location** - Kodikoppalu, Melkote
- **Type of Project** - Joint Project
- **Partner Club** - Rotary Bangalore JP Nagar
- **No. of Attendees** - 10
- **Avenue** - Community & Club Service
- **Area of Focus** - Maternal & Child Health
- **Link** - <https://www.instagram.com/tv/CdgZlv2gvj1/?igshid=MDJmNzVzMjY=>

Project Summary - RO Plant Installation & day out to Melkote.

Project Description - RO water plant installation in a small village called Kodikoppalu near Melkote. A village which is in the end point of Hemavathi River and often is barren and doesn't receive enough water for daily purposes also.

This plant will serve clean drinking water to 4-5 nearby villages with around 2000 people. We also educated the children there about the importance of clean drinking water & the diseases caused by consuming polluted water.

A joint project with our parent club- Rotary Bangalore JP Nagar.

Project was followed by sightseeing, fellowship and club service activities between the Rotaract and Rotary JP Nagar.



2. Plant a Sapling

- **Date** - 4th May 2022
- **Location** - RV Dental College, JP Nagar
- **Type of Project** - Joint Project
- **Partner Club** - Rac of RV Dental College & International NGO - Healing Trees
- **No. of Attendees** - 11
- **Avenue** - Community Service
- **Funds Spent** - 120

Project Summary - Sapling of plant for Cause

Project Description -

In Association with International NGO Healing Trees Sister Club, Rac of RV Dental College we planted 2 sapling in the premises of RV Dental College.

Purpose of International NGO-Healing Trees was to plant around 5 million trees in fond memory of People lost lives during CoVid -19 around the globe.

We also got an opportunity to network and bond with our Sister Rotaract Club, looking forward for more projects with them.



3. BOARD MEETING

- **Date** - 11th May 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 7
- **Avenue** - Club Service

Project Summary - Collared Board Meeting.

Project Description -

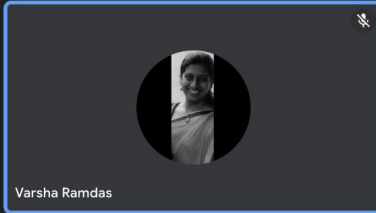
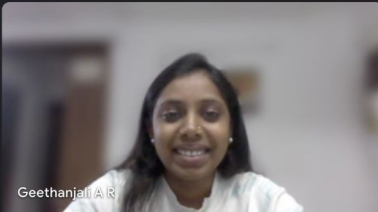
This was the last board meeting for the Rota Year - 21-22, President gave a overview of District Bifurcation & Upcoming election and we informed our Board about the fundraiser event Aarohana 21-22 also discussed on various points to be considered in making the event grand success. Also discussed on preparation of bylaws for the Club.

President Elect gave his insights on the upcoming Rota Year, followed by club & district Announcements.

Meet - ntz-wkqp-ixq

meet.google.com/ntz-wkqp-ixq

Apps Gmail YouTube Maps

 Aishwarya Kr	 Akshatha P B	 sachidananda A.N
 Adishesha Sairam	 Karan Prasad	 Varsha Ramdas
 Srinivas lyengar	 Geethanjali A R	 You

21:31 | ntz-wkqp-ixq

Microphone, Video, Chat, Remote, More, End Call

Settings, Participants, Chat, Share

4. General Body Meeting

- **Date** - 11th April 2022
- **Location** - Online
- **Type of Project** - Stand Alone
- **No. of Attendees** - 17
- **Avenue** - Club Service

Project Summary - Collared General Body Meeting.

Project Description -

In the need of the hour, we had conducted online general body meeting, made sure our members know about the district Bifurcation & upcoming elections.

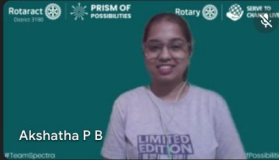
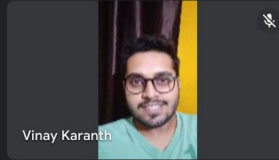
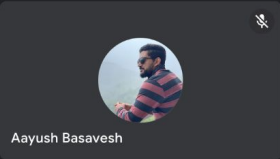
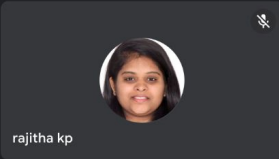
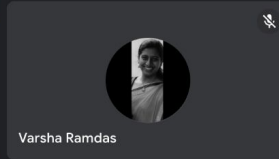
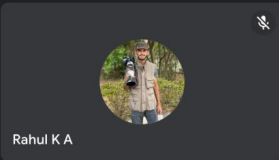
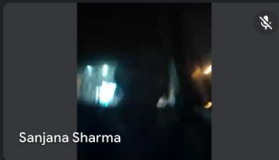
We made announcements on Aarohana 21-22, also encouraged our members to actively take part in the same.

Upcoming President made his announcements on next year plans & activities and other district & Club Announcements was made.

Meet - ntz-wkqp-ixq

meet.google.com/ntz-wkqp-ixq

Apps Gmail YouTube Maps

 Geethanjali A R	 Srinivas lyengar	 Aishwarya Kr	 Nirnanjan Aithal
 Adishesha Saliram	 Vishnu R RAJ	 Akshatha P B	 Vinay Karanth
 Aayush Basavesh	 rajitha kp	 Karan Prasad	 Varsha Ramdas
 sachidananda A.N	 Rahul K A	 Sanjana Sharma	 You

22:04 | ntz-wkqp-ixq

Microphone, Camera, Chat, Screen Share, More, End Call

16

5. Save the Bear 2.0

- **Date** - 15th May 2022
- **Location** - Bear Rescue Centre, Bannerghatta National Park
- **Type of Project** - Joint Project
- **Association** - Wildlife SOS & Friends of Wildlife
- **Avenue** - Community Service
- **Area Of Focus** - Protecting the environment
- **No. of Attendees** - 15

Project Summary - Save the Bear

Project Description - "A Day With The Bears" 🐻

Such beautiful beings and so much to learn from them. Especially the ones at the Bear Rescue Centre where most of them were rescued after the Govt banned the Karadi Kunitha which was famous in the villages for entertainment purpose.

Even today most of the bears there are traumatised when they see a lot of people together. Hence we are not allowed to click any pictures. They have a special counsellor who takes therapy sessions and they have a veterinary doctor who is there to check on them 24/7. They have contracted human TB living in contact with their masters for years. They need constant care as they cannot be left in the wild due to the closeness they have developed with the human beings.

The best part is that the rescue centre has workers who were once the torturing masters of the dancing bears who are now the caretakers and the relationship between them and bears have changed with a whole new perception to life.

After building them a special play area and helping the forest guards to clean up their kitchen. We had to say goodbye to the wonderful team of Wildlife SOS and the playful, honey and fruits loving beings.

Little do we know of the struggles the forest guards go through on a daily basis.

So grateful for this one of a kind experience supported by Friends of wildlife.



6. General Body Meeting

- **Date** - 29th May 2022
- **Location** - Offline, Farmhouse off Kanakapura road
- **Type of Project** - Stand Alone
- **No. of Attendees** - 25
- **Avenue** - Club Service
- **Funds Spent** - 1800

Project Summary - General Body Meeting amidst the nature

Project Description -

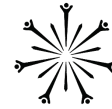
As the Rota year 21-22 is coming to an end, we wanted our last GBM to be special & a day to remember. We all travelled to a farm, off Kanakapura road and spent half a day amidst the nature and had fun.

The club Secretary gave an Annual review of all the projects conducted in the Rota year 21-22. The club President gave important Dist & club Announcements. The club President Elect announced his board for the Rota year 22-23.

We all had fresh tender coconuts cut from the trees & sumptuous lunch amidst nature.



Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



June 2022

1. AAROHANA 21-22

- **Date** - 4th June 2022
- **Location** - Offline, RV Dental Auditorium
- **Type of Project** - Joint Project
- Partner club - Rotary bangalore JP Nagar & Rac of RVDC
- **No. of Attendees** - 18
- **Avenue** - Club Service
- **Area of Focus** - Maternal & Child Health
- **Fund Raised** - 10+lakhs

Project Summary - Fundraiser musical event.

Project Description -

A flagship fundraiser musical event of Rotary Bangalore JP nagar in the aid of **Paediatric heart surgeries & Thalassemia treatment** for kids.

This year, Rotaract Bangalore JP nagar was fully involved with the parent Rotary to organise this event. We sold tickets, publicised the event & took care of volunteering on the day of the event

500+ people attended and 10+ lakhs was raised. Rotaract Bangalore JP nagar is proud to have raised **65 thousand** for this cause.

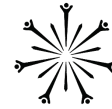
Singer Anuradha Bhat & team took the crowd on a musical journey which was enjoyed by all age groups.



PARTICIPATORY PROJECTS JUNE 2022

Sl.No	Name of the Project	Host/Invitee Club	Date	No. of Members attending	Funds contributed / Spent
1	CRESCO 2.0	RaC of Palmville & RaC of Jyothi Nivas College	5th June 2022	1	-

Rotaract
District 3190



**PRISM OF
POSSIBILITIES**



Bangalore
Rotaract
Club of JP Nagar



Thank You!!